⦿ IBOC

TA101 TOPICS LIST FOR TSTA EXAMINATION
Form 12.11.1

Eric Berne and the early development of his ideas

Definition of transactional analysis

Value base of TA

Autonomy – definitions

Contractual method

Areas of application – differences in process

Development of TA after Berne

TA organizations worldwide

Structure, stimulus and recognition hungers

Definition of ego states

Structural model of ego states

Contamination

Behavioural description of ego states

Recognition and diagnosis of ego states

Transactions and types of transactions

Definition of strokes and types of strokes

Definitions of games

Stroke economy

Social time structuring

Degrees of games

Reasons for playing games

Ways of describing and understanding games

Drama triangle

Definitions of rackets and their payoffs

Definition of script

Relationship of rackets, games and script

Racket system and analysis

Life positions – definition

Relationship of life positions to games and script

Origin of script in child's experiences

Process of script development

Changing script

TA methodology – group and individual