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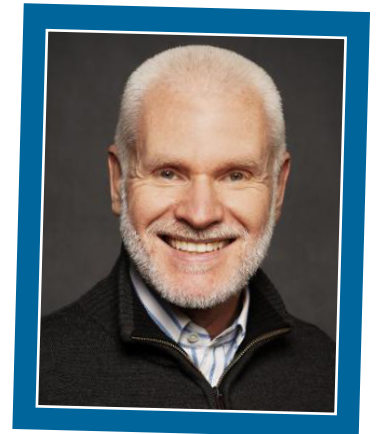
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ITAA Changes: Please Support Us With Your Decision

by *Thorsten Geck*

During the Annual General Membership (AGM) meeting and in the autumn of 2022, the ITAA Board of Trustees informed the membership about an exciting and essential project: to transform the ITAA from a public benefit association to a professional association. If the membership approves, the board can move forward with that project.

In early January 2023, we are sending out an electronic and paper ballot (the latter for those who have not given consent yet to be approached digitally). **The ballot outlines and explains what the next necessary steps will be and what the membership will decide on. Please make sure you read this important ballot and vote with your decision.**



What will you vote on?

First, **the ITAA will still exist as a public benefit association.** It will hold the archives and the funds. It will, however, no longer have a voting membership if you approve the project. **All members of the ITAA will be transferred as voting members to the new ITAA. The ITAA as it is now—a IRC 501(c)(3) public benefit association—will be renamed the ITAA Foundation. This and the transfer of the membership is a change of bylaws. The modified bylaws you will vote on can be downloaded from the ballot.**

According to statutes, the deadline for returning your ballot will be no earlier than 60 days after the ballot is sent out. That will give the members time to study the modifications and decide.

The new ITAA will have the status of an IRC 501(c)(6) professional association. It will be called the International Transactional Analysis Association or ITAA. The professional

	ITAA [as it is today]	ITAA Professional Association
Name after approval of the membership	ITAA Foundation	ITAA (International Transactional Analysis Association)
Tax status (CA law)	IRC 501 (c)(3)	IRC 501 (c)(6)
	No membership	Voting membership, transferred from the IRC 501 (c)(3)
Purpose	Holding the funds, archives, licensing out <i>The Script</i> and the TAJ.	Management of members, standards for training and certification, accreditation, marketing, research, conferences. Pursuing the business interests of members (e.g., membership directory).

association can promote the business interests of its members and offer certification and accreditation.

Assuming you, the members of the current ITAA, give your approval, the board of trustees task group will establish bylaws for the professional association. A draft (which is not part of the voting) can be downloaded from the ballot as well. The bylaws for the professional association will be customized to the needs of the membership and presented to

the membership for approval. This vote on the bylaws will occur later.

Please let us know about any questions you have! Please write to restructure-ita@use.startmail.com.

We will set up two question-and-answer online sessions to respond to your questions. You will find the dates of those in the next *Script*.

Thorsten Geck, ITAA President Elect for the Restructure Team 📧

New Members

NOVEMBER 2022

Matthew Bird, New Zealand
 Sridhar Chandrasekaran, India
 Nikki Cinderey, United Kingdom
 Sheena Costello, United Kingdom
 Lejla Dzaferovic,
 Bosnia & Herzegovina
 June Edhouse, United Kingdom
 Gwynneth Evans, United Kingdom
 Becky Francis, United Kingdom
 Stuart Gow, United Kingdom
 Alyia Hanif, United Kingdom
 Aihwarya Hariharan, India
 Michelle Hawkins, United Kingdom
 Ana Jaredic, Montenegro
 Dorian Jarjat, France
 Mirjana Lukic, Bosnia & Herzegovina
 Vicki McLellan, United Kingdom
 Andrea Mihajlov, Serbia
 Sean Miller, United Kingdom
 Marija Perisic, Serbia
 Elizabeth Rutherford,
 United Kingdom
 Suzana Savic, Serbia
 Nataliia Shikina, Russia
 Georgia Sinclair, United Kingdom
 Stevan Stavic, Serbia
 Dunja Stojanovic Krstic, Serbia
 Ana-Marija Vidjak, Croatia
 Rachel Watkins, Spain

the SCRIPT

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We are happy to work with you to design and produce your ad. Contact managing editor Robin Fryer by email at robinfryer@aol.com.

Beneath the Surface, Unconscious Dynamics in Self and Groups: A Group Relations Approach

by Steff Oates

Another successful webinar, jointly hosted by EATA and ITAA, took place on 22 November 2022. Our guest speakers, who gave generously of their time, were Rosemary Viswanath and Ganesh Anantharaman from Group Relations India.

Leilani Mitchell worked her magic as Zoom host, and ITAA President Chitra Ravi elegantly introduced the speakers and a new team for the webinars with the addition of EATA President Sylvia Schachner and European representative from the ITAA Board of Trustees Cristina Caizzi.

Over 130 people from 17 countries participated in a lively discussion after Rosemary and Ganesh presented their ideas. This summary cannot do justice to the whole webinar, but hopefully it will give readers some idea of what was discussed.

The presenters outlined that Group Relations work draws on several streams: the psychoanalytic frame (Freud, Klein, Bion), systems thinking (Kurt Lewin), sociotechnical systems (Eric Trist, A. K. Rice), and

social analysis work (Gordon Lawrence, Alistair Bain). They explained how they see that the unconscious reveals itself in many ways and how individuals use defense mechanisms to protect themselves from painful experiences in their history. They clearly explained the differences between denial, projection, regression, displacement, and intellectualization as common defenses.

Participants were eager to hear how unconscious group dynamics can also lead to a group employing unconscious defenses. Rosemary and Ganesh outlined Bion's basic assumptions and explained that these are shared unconscious assumptions at the level of the group that avoid or disrupt the group's progress and emerge from the group's anxieties. In the basic assumption mentality, the group acts as if the real task is something other than the primary task.

Rosemary and Ganesh were clear from the beginning that they wanted participants to offer their reflections and questions. Accordingly, some voiced their interest and questions, and others raised questions using the

chat function. Many participants were interested in comparing TA concepts with the concepts that Rosemary and Ganesh presented and highlighted TA concepts such as passivity and discounting and the idea of group imago proposed by Berne.

Rosemary and Ganesh went on to explain how the basic assumptions might come in the way of a group pursuing its task by explaining some of the basic assumption mentalities outlined in the following sub-categories:

- Dependency, whereby members of the group obtain security from one person, often the leader
- Fight or flight, where the group behaves as if survival is based on fighting or fleeing
- Pairing, where two people are set up to provide mutual intellectual and emotional support so that the other group members become inactive

These three categories were concepts derived from Bion, and Rosemary and Ganesh added three other categories:

- Oneness, from the work of Tourquet, whereby members desist from acting in an independent manner and, therefore, from examining their beliefs
- Me-ness, from Lawrence, Gould, and Bain, whereby the group pays more attention to private issues and the group sets up individuals to focus only on themselves as individuals and deny the existence of the collective
- Purity-pollution from the work of G Chattopadhyay, whereby a group or system behaves as if its survival depends on establishing unquestionable forms of hierarchy based on the idea that some are pure and some are polluting

Participants questioned Rosemary and Ganesh about how this might differ if the group had significant psychopathology. They replied that group relations work was educational and not offered by them as clinicians. They then invited participants to think of the ideas in their own areas of work. One participant suggested that when personal pathology dominates, it is hard to stay on task. Another suggested that ideally, the group's work then becomes an exploration of how the focus on the individual pathology impacts the group task.

Other parallels were drawn with Berne's work on private and public structures, with participants recognizing that although the ideas that Rosemary and Ganesh were presenting did not directly translate to transactional analysis, there is

an overlap and validity in what each brings to the other. Rosemary and Ganesh agreed and mentioned that they more recently have used the idea of scripts to help people get a handle on their stances and roles in groups.

There were many other interesting questions that we did not get to because of time constraints. Examples include: "Is the unconscious always defensive?" and "What harm may there be to outsiders when our countries' governing groups appear to be not on task?" There was also a question regarding Berne's leadership of the San Francisco Seminar groups and what basic assumptions may have interfered with the task of that group.

Participants left with a sense of wanting more. One person, in particular, requested more about roles in groups, and others left with a sense of gratitude that Rosemary and Ganesh had presented a complex

topic with such clarity that people had understood it well. Rosemary and Ganesh generously offered to share the PowerPoint they used. Please email Leilani at leilani@the-linkcentre.co.uk if you attended the webinar and would like a copy.

In terms of our task as the organizing group, we need to firmly request that if you sign up for a webinar and then find you cannot attend, please sign into Eventbrite and cancel your place. Some people were denied a place in this webinar because it filled up so quickly, but less than half of the registrants attended on the day. We don't want to record these webinars because they are set up based on an interactive discussion, which can often be stifled if people are aware of being recorded. We love a live and interactive audience and ask that you play your part by allowing others to come if, after booking, you realize that you cannot attend. 📍

2022 TAJ Bound Volume Is Available

The 2022 bound volume of the *Transactional Analysis Journal* was mailed in late December. Those members who are entitled to copies based on their membership category should receive them by 1 April 2023. If you have not yet received your 2022 bound volume by then, please check with Jenneva Guzman at info@itaaworld.org to make sure you were on the list to receive a copy. Please include your mailing address and phone number, and if you are due a copy, the office will request a replacement of the 2022 bound TAJ on your behalf.



Steff Oates is ITAA Vice President Research & Innovation and a member of the ITAA-EATA webinars organizing committee. She can be reached at lcfan@me.com.

Third Ethics Webinar Focused on Evolving Ethical Thinking

by Jan Grant

On 27 October, we had our third webinar on ethics for 2022. Karen Minikin was our guest presenter, and the theme was “From the Intrapsychic to the Systemic—Evolving Ethical Thinking.” We had 209 registrants and more than 300 views post event.

In the spirit of inquiry and discussion, Karen introduced a case study, and participants were divided into break-out rooms to discuss the case several times, with extra layers of complication being added each time. Karen stimulated us to think about differences in the various levels of responsibility in terms of ethics: individual, interpersonal, institutional, and sociocultural. Feedback about the event was fantastic. Among the comments from participants are the following:

- “Thank you for this great opportunity to have these wonderful dialogues just now. Very inspiring.”

Jan Grant, Ethics Committee Chair, can be reached via email at jancgrant2100@gmail.com.

Karen stimulated us to think about differences in the various levels of responsibility in terms of ethics: individual, interpersonal, institutional, and sociocultural.

- “The misuse of power is rooted in a need to take a position of I’m right and you’re wrong. Instead, inquiries need to focus on assessment of harm and where there is a need for reparation. Restorative practice involves all of this.”
- “Thank you, Karen, for the stimulating session. It definitely expands my frame of reference and brings up loads of questions.”

- “As usual, a great seminar. Thanks to Karen and all the committee members. Would be better if we could have 2 hours next time.”
- “I was not able to attend, so thanks for sharing the video of the event. It provided an important update for my trainees and me.”

Trudi Newton was our moderator and handled questions from participants. Michelle Thomé managed the technical side. Thank you to them both and especially to our keynote speaker, Karen, and all who participated! 📺

Webinar Recordings Available Online

We have now uploaded to the ITAA YouTube channel the recording of the October 2022 webinar. Here is the link:

Ethics Committee webinar:

“From the Intrapsychic to the Systemic: Evolving Ethical Thinking”
27 October 2022

<https://www.youtube.com/watch?v=CctEW-5H5-0>

This recording will be posted for a limited time, so be sure to watch it soon.

Ethics Committee Looking for New Members

The ITAA Ethics Committee is looking for new energetic members interested in expanding and enhancing ethical thinking and ideas about how the process of handling ethical concerns is implemented when issues are raised. Our wish is to have a diverse team that represents:


- Four TA fields of application
- Gender
- Culture
- Ethnicity

The skills/abilities we are looking for include:

- Excellent listening and problem-solving skills
- A calm presence
- The ability to deal with complex situations
- Reflective, honest, open to feedback
- Good at following clear processes and where processes are not clear, recommending improvements

If you are interested in joining the ethics committee, send us your resumé, let us know what your motivation is for joining, and tell us what and how you would like to contribute to the workings of the committee. We would also like you to consider providing a letter from one or two people (colleagues, trainers, peers, supervisors, etc.) who will support your application.

The committee, along with the ITAA Vice President of Operations, will consider the applicants, and the ITAA Board of Trustees will appoint the successful candidates to the committee.

If you have an interest in ethics and would like to be part of this important role and committee, please contact Jan Grant (Chair of the Ethics committee) by email at jancgrant2100@gmail.com . 

TA Cumbria Conference

Saturday, 25 February 2023

09.30-17.15 GMT

“The Personal and the Political”

Keynote speaker:
Karen Minikin, TSTA

Please join us for our annual conference, which is being held simultaneously online and in person in Cumbria, UK. Our online conference will include the broadcast of the keynote and plenary and a choice of 12 online workshops offered by: Alexandra Piotrowska, Andrii Zaiets, Anna Zuykova, Cathy McQuaid, Kate Jones and Lyn Wall, Lori Hedges, Maria Sorokopud, Michael Gavin, Richard Stephenson, Romy Graichen, Cheryl (Yi Mei) Leong, Sudha Thimmaiah, and Valeria Villa and Mihaela Leocadia Hartescu. Online conference attendance is by donation.

To book a place for the online conference, and to see more details about the in-person conference (including a different set of speakers), please visit:

www.tacumbria.co.uk

Conference Calendar

18–25 February 2023 | USATAA Jamaica Gathering
Port Antonio, Jamaica | contact jamaica@usataa.org

25 February, 2023 | TA Cumbria Conference
Cumbria, UK | www.tacumbria.co.uk

21–23 April 2023 | UKATA National Conference
www.uka4ta.co.uk/event-details/ukata-national-conference-2023-1

Introducing New ITAA Staff Team With Huntington Association Management

by Chitra Ravi

I hope you will join me in extending a warm welcome to our new ITAA office team with Huntington Association Management (HAM). Among those who will be working most closely with us are **Jenveva Guzman, who will be the new ITAA administrator, and Stella Cosso, who will be responsible for ITAA accounting and bookkeeping.** If you have questions related to membership, you can write to Jenveva, and inquiries about payments can be directed to Stella. They can both be reached at info@itaaworld.org.

In the TA spirit of personal connections, I am happy to introduce you to Jenveva and Stella.

Jenveva Guzman has a bachelor's degree from Cal Poly Pomona, 7 years of managerial experience, and has been with Huntington since 2019. She came to HAM from management responsibilities at a nonprofit event venue located on a university campus in Southern California. Her experience in event production, education, and working with the public in stressful situations prepared her for association

management of nonprofit groups with diverse expectations. As the ITAA administrator, Jenveva will be responsible for administration and support in handling all business activities, online event support, and website updates. She will disseminate all collateral documents, including board reports, membership correspondence, member communication, newsletters, and so on as requested. Jenveva will work with the board and officers on agendas and board packets for ITAA board meetings as well as provide website and social media support. She will maintain the master calendar of all meetings and events and keep/update databases and store all association records as required. Jenveva will also carry out membership growth strategies as directed by the board and in concert with committee chairs and work to plan and support production of member events.

Stella Cosso, Finance Director at Huntington Association Management, graduated in business from the University of Mogi das Cruzes in São Paulo, Brazil, and is bilingual (Portuguese and English). She has



Jenveva Guzman



Stella Cosso

been working with HAM for 6½ years and she has 12 years of book-keeping experience. Stella will be responsible for all accounts receivable and payable and is committed to accuracy and transparency. She works closely with our board treasurer to prepare monthly reports and handles online transactions and banking. Stella deftly handles

membership billing and sponsorship invoicing, doggedly chasing reticent payers. She is expert in QuickBooks, and her accounting duties will involve banking, managing financial duties to include keeping QuickBooks for banking, and producing timely reports and recommendations. She will also work with the board to file for a 501c6 public

“Jeneva and Stella will be responsible for most of the tasks, activities, and support we need. . . . We wish them every success and satisfaction in their work with us and welcome them to the ITAA team.”

charity corporation and work with the board to accomplish the restructuring project for changing the status of the organization from a public benefit 501c3 to a 501c6 professional association (nonprofit member benefits corporation).

Jeneva and Stella will be responsible for most of the tasks, activities, and support we need. I am sure they will be available for assistance to members as relevant and needed. We wish them every success and satisfaction in their work with us and welcome them to the ITAA team. 📍

ITAA President Chitra Ravi can be reached at chitra.seed@gmail.com.

Call for ITAA Board Nominations

The following positions are open for nominations now. Deadline for nominations: 29 January 2023 11pm (23:00) UTC:

Vice President Development (2023-2025)

Secretary (2023-2025)

Regional Representative—Asia-Pacific (2023-2025)

Regional Representative—Australia, New Zealand (2023-2025)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination (if not the nominee), and the name of two people seconding the nomination (one may be the person making the nomination). Trustees who have served two consecutive terms of office in any position on the board are not eligible for nomination. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available on the ITAA website at www.itaaworld.org and from nominations chair Rema Giridhar at rema.k.giridhar@gmail.com. Nominees are encouraged to read and understand these and the full nomination/election documents before accepting nomination.

Send nominations to ITAA Nominations Committee Chair Rema Giridhar at rema.k.giridhar@gmail.com.

Those who accept nomination to any of the above positions must sign the “Rules for Candidates Seeking Election,” which they will receive from Rema Giridhar and are also posted on the ITAA website. They must also email a written statement (maximum of 250 words) and digital photo to Rema as soon as possible and no later than the 29 January 2023 deadline.

Election Procedures: As per the ITAA bylaws, if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. An unopposed candidate will take up his or her position following the Annual General Membership (AGM) meeting. If there is more than one nominee for a position, a ballot will be sent to all voting members within 45 days after the close of nominations.

If you have not already submitted a Consent to Use of Electronic Transmissions so that you are eligible to vote electronically in case of a ballot, we urge you to do so immediately by [downloading this document](#) and then emailing it to info@itaaworld.org. 📍

New Contact Information for the ITAA

Now that Huntington Association Management is working with us to manage most aspects of our staffing needs, we will be using their postal address and phone as follows:

ITAA

2700 E. Foothill Blvd. Suite 209
Pasadena, California 91107, USA
phone: 626-689-4810.

The email will remain the same:
info@itaaworld.org.

SAATA Pays Tribute to Its First President and Cofounder, P. K. Saru

The South Asian Association of Transactional Analysts (SAATA) hosted the first P. K. Saru Memorial Endowment Lecture on 14 October 2022 in Bangalore as a tribute to the late P. K. Saru, TSTA (P), cofounder and first President of SAATA. Saru passed away last year leaving a rich personal and institutional legacy.

The event was an opportunity for the TA community to gather together and celebrate Saru's life. Her TA colleagues from across the world, several of her first- and second-generation trainees, and members of her family participated in the event in person as well as virtually.

Dr. Ashlesha Bagadia delivered the first P. K. Saru Memorial Endowment Lecture on the topic of "Beyond the Individual: Community Building in Mental Health." Dr. Bagadia is among a rare crop of professionals who is qualified both as a psychiatrist and a psychotherapist. She did her psychiatry training in the United Kingdom followed by advanced training in Australia and a fellowship in perinatal psychiatry in Canada. Her psychotherapy foundation is in family systems therapy and mentalization-based therapy. In her lecture, Dr. Bagadia drew on her personal journey to highlight the significance of and challenges in going beyond the individual client and individual practitioner to build a community for improving mental health.

SAATA instituted these memorial lectures beginning this year with the objective of inviting renowned practitioners and experts in the field of mental health in the community as guest speakers to showcase recent developments and/or to set the stage for future trends in the field of mental health and community building. The SAATA Board set up an endowment fund for the purpose of funding these lectures with a generous initial contribution from Saru's sons. SAATA hopes to continue these as annual events.

The full recording of the 90-minute event can be viewed on the official SAATA YouTube account using this link: <https://youtu.be/5p5n4IdbwkQ>



Dr. Ashlesha Bagadia being honored by Mr. Arif Padiath, one of Saru's sons.



Dr. Ashlesha Bagadia delivering the first P. K. Saru memorial endowment lecture



SAATA volunteers who made the event possible (from left): Krishnan Madhabushi, Deepa Kumar, C. Suriyaprakash, Ragini Rao, Manish Narayan, Nisha Rao, and Asha Raghavan. (Not shown: volunteer Parul Arora)

New TA Book Published in Chinese

A new TA book has been published in Beijing by one of China's major psychology publishers, Wanqian Xinli at Light Industry Press. The title is 慢慢来(Manmanlai) [Take Your Time: Teacher Thomas Talks TA] (400 pages). It is an original work in Chinese by Swedish author Thomas Ohlsson, PhD, TSTA (P). Given the significance of this work, we are pleased to provide some comments about it from Thomas.

I have now been a TA therapist for almost half a century and a TA teacher and supervisor for almost as long. I wrote this book to pass on my experience and knowledge of TA therapy because my clinical experience tells me: TA works.

This book is published in the world's largest native language, Chinese. I have taught TA in Taiwan and Mainland China regularly since 1988 and have learned to understand Chinese language and culture. Swedish is my native language, and I used it for my earlier TA books and doctoral dissertation on TA therapy with drug addicts. With this Chinese book, I wrote it first in English, and my student and colleague Zhou Sili, PhD, PTSTA (P), translated it into Chinese. I read her Chinese manuscript as it progressed, and we discussed it. Then the publishing editors read the manuscript, and we discussed it. At this point, the Chinese text now reads well.

Manmanlai is not a beginner's book. I have coauthored two previous TA books in Chinese (English titles: *Transactional Analysis Psychotherapy: TA in Theory and Practice* with Roland Johnsson and Annika Björk, and *TA for Everybody: An Effective Way to Improve your Relationships* with Yang

Mei). They, and many other original and translated TA books in China, cover TA from the start. Berne's three classical TA books—*Transactional Analysis in Psychotherapy*, *Games People Play*, and *What Do You Say After You Say Hello?*—are presently being published in new hardcover Chinese editions by Light Industry Press.

Manmanlai, which literally means “Slowly slowly go,” is meant to be a theoretical and practical guide for professional TA psychotherapists and counselors. It contains 12 chapters: One is about the TA teaching and training structure I and my colleagues Roland Johnsson and Annika Björk developed in Taiwan and Mainland China, and another is about my own development as a TA professional. Then there are five chapters on new TA theory and five practical chapters on how to do TA psychotherapy, mainly as individual therapy since TA as group therapy was treated at length in *Transactional Analysis Psychotherapy*.

The five theory chapters are: A New Foundation for TA: Homo Psychicus and Evolution; The Mandala Model: A New Look at Ego States; Script or Culture, Especially Chinese Filial Piety; Normal Feelings: Angry Men and Women, Drug Abusers, and Pleasure Seekers; and TA Research and TA's “Black Hole” (the essence of TA). The five therapy chapters are: What Is Good Psychotherapy? Good Therapists!; Various Kinds

of Therapy Contracts; Redecisions in Individual Therapy; Advice to Beginning TA Therapists; and Ending Therapy.

In between the chapters there are 12 memorable personal episodes from my 35 years as a TA teacher in Taiwan and Mainland China that are meant to provide context and some relaxation. In addition, the full training outline from the TA 101 to the TA 202 (1-8), covering 31 days over several years, is provided, and several examples are

given of student examination projects (small research projects) at the TA 202 (8).

This book provides:

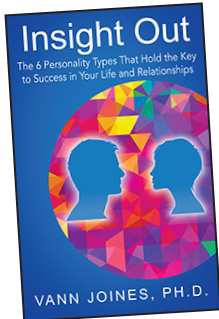
- A full, systematic practical and theoretical training program on how to learn and use TA
- A solid foundation for continuing with advanced contractual training to become a CTA and a TSTA
- A theoretical foundation for TA in modern evolutionary developmental thinking
- An integrated theory of normal feelings
- A theory of ego states that acknowledges a fundamental difference between A and P/C ego states
- Clarification of the influence of script and cultural traditions (same psychology in different cultures)
- Focus on emotional gender differences 📍



Additional New Publications

Vann Joines has a new book out:

Insight Out: The 6 Personality Types That Hold the Key to Success in Your Life and Relationships (Outskirts




Press, 2022). Charlotte Sills writes, “Joines draws on a lifetime of helping others to offer here a book for the lay reader in which he describes how a combination of temperament, family, childhood, and other life-long influences shape

us and make us the person we are. . . . Joines describes how aspects of six basic ways of adapting to the world combine in individuals to create different personality types with characteristic ways of feeling, thinking, and behaving. He describes their strengths and weaknesses, their patterns and preferences, and, importantly, how they can live more fulfilled lives by maximizing their qualities and avoiding their pitfalls—especially in their relationships.” (See <https://outskirtspress.com/insightout>)

Ales Zivkovic has a new article in the *British Journal of Psychotherapy* entitled “Dependent Personality and Interpersonal Dependency: At the Intersection of Developmental, Identity and Interpersonal Aspects” (see <https://doi.org/10.1111/bjp.12802>). In it Ales addresses clinical work with dependency, one of the most common personality features across different levels of personality functioning and different personality types. He uses existing theory and research to discuss its developmental origin from the perspective of a disruption in a child’s authentic need fulfillment while the child is imposed upon to meet the caregiver’s unresolved needs. Based on this, Ales offers a theory of etiology and intrapsychic dynamics in adulthood. He further illustrates how dependency characterizes relationships, including the resulting lack of capacity for empathy and intimacy. Touching on clinical work with dependency, he especially focuses on transference. A look into excessive independence as a form of defense against dependency is also offered.

Richard Erskine has had two of his books translated/republished. The French book is entitled *Au-Dela de L’Empathie: Manuel de Psychotherapie Relattonnelle Integrative* (InterEditions, 2021). The original English title is *Beyond Empathy: A Therapy of Contact-in-Relationship* authored by Richard G. Erskine, Janet P. Morrison, and Rebecca L. Trautmann (Brunner/Mazel, 1999). The French translation was done by Grace Slottje and a team of translators. The book *Integrative Psychotherapy in Action*, written by Richard G. Erskine and Janet P. Moursund (Karnac Books, 2011), has been published in Italian with the title *Psicotherapia Integrativa in Azione*. The Italian version was translated by Elena Maria Guarrella and published by Edizioni Universitarie Romane.

Anoushka Beazley published an article titled “Creativity: A Conscious Imaginative Approach” in the *British Journal of Psychotherapy* (Vol. 38, No. 4, pp. 666–677) and in the *Rozsika Parker Prize 2021: Commended Papers* (<https://doi.org/10.1111/bjp.12772>). Her paper explores psychoanalytic definitions of creativity and presents a creative relational approach working with clients presenting with cultural issues. In the article she references TA and cites TA authors. 

TAJ Theme Issues

“Neurodiversity and Neurodivergence”

Coeditors: Steff Oates and Helen Rowland | *Deadline:* 1 February 2023

“Leadership”

Coeditors: Sue Eusden and Giles Barrow | *Deadline:* 1 August 2023

“Intimacy and Creativity Within the Real Self: Revisiting Berne’s Secret Garden”

Coeditors: Edward T. Novak and Karen Minikin | *Deadline:* 1 February 2024

“Relationships in Love, Play, and Work”

Coeditors: Brad McLean and Helen Rowland | *Deadline:* 1 August 2024

Please follow the submission requirements posted [here](#). Email manuscripts to TAJ Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

Write for The Script!

We’d love to hear about your TA activities, especially (but not exclusively) about how you are using TA in socially responsible efforts to impact the world and/or uses of TA in psychotherapy, counseling, organizations, and education. Send us your articles (around 1000 words) and letters (around 400 words) to Script Managing Editor Robin Fryer at robinfryer@aol.com.

IBOC News: Updating Written Exam Processes

by Jacqueline van Gent and Sue Eusden

This month we are updating you about the written exam processes. **We start with some top tips that are often missed when people submit their written CTA exam.** Please also refer to the *Handbook*, Section 8.1, for details on how to present the material. We hope that trainers, supervisors, and candidates will use these to double-check CTA submissions before sending them in. We have returned several exams immediately to candidates as some of these criteria have been missed. It is disappointing for candidates to have this experience after they have worked hard to complete their writing and pressed the send button to submit their exam.

So, we are highlighting five points here:

1. Check to make sure the word count is mentioned and meets the criteria in the *Handbook*.
2. Anonymity: The written exam must not identify the candidate. This means omitting your training school, supervisors, and any details that might compromise the marker's freedom to mark independently. It is OK to name your country and social context, but please be aware of finding the

right balance so as not to compromise your exam.

3. The bibliography: References must conform to APA guidelines (7th edition). This is the officially required format of the *Transactional Analysis Journal (TAJ)*. Please see the *TAJ* submission guidelines

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on the website for more detailed information. [Click here.](#)

4. Quotations should be recognizable as citations and referenced correctly according to in-text citation guidelines of the *TAJ*/APA.
5. Tables and figures should complement the text and not contain a disproportionate number of words (i.e., don't use them as a way to increase the word count unofficially).

There are also some changes in the Regional Exam Coordinators (REC)

team: For New Zealand and Australia, current REC Vicky Blake is handing over to Karen Lam; for India, current REC Sailaja Manacha has handed over to Haseena Manipal.

We want to thank both Sai and Vicky for their time, care, and generosity in their work as RECs. We welcome Hasina and Karen to the IBOC and look forward to working with them and continuing our development of the way we process and mark written exams.

In 2023 we aim to offer written examiner marking training. This has come out of the REC meetings and been spearheaded by Vicky Blake. These will be free and online. Further information will follow next year with dates.

Finally, **we will be taking a break between 23 December** (closing date for CTA candidates submitting for March exams) **and 9 Jan** (expect the call for examiners for Suffolk, UK, CTA exams soon after). Meanwhile we wish you all a peaceful time and all good wishes for 2023.

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