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2022 ITAA Online Conference Keynote Speakers Announced



Richard Mollica



Izumi Kadomoto



Sue Eusden



Sylvia Schachner

We are delighted to announce four exceptional keynote speakers for the first ITAA online conference, to be held from 3-5 June 2022 on the theme of “Courage, Physis, and Resilience: Resources for a New Emerging World.” The scientific committee has chosen a diverse group to open the four working sessions of the conference.

Richard Mollica, MD, is the Director of the Harvard Program in Refugee Trauma (HPRT) of Massachusetts General Hospital and Harvard Medical School. He has received numerous awards for his work and is the author of the book *Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World*. He will offer his model of trauma and explain how he works with traumatized people, especially in the current pandemic, both from the client’s perspective as well as that of the therapist/counselor/supporter.

Izumi Kadomoto, Teaching and Supervising Transactional Analyst (psychotherapy), was recently honored with the ITAA Service Award. She is a clinical

Call for Proposals
DEADLINE EXTENDED
to 6 December
SUBMIT HERE



1st ITAA ONLINE CONFERENCE

COURAGE, PHYSIS AND RESILIENCE: Resources for a New Emerging World

psychologist and psychotherapist in Tokyo and has 30 years of experience as a governmental professional in the judicial system in Japan. The title of her speech will be “The Flow of the River Is Incessant,” which is a quotation from a famous classical work of literature in Japan. Izumi will use it to share her thoughts about changing and emerging.

Sue Eusden, DPsych, Teaching and Supervising Transactional Analyst (psychotherapy), will open the third session of the conference. She is a UKCP-registered psychotherapist and supervisor, trainer, and researcher. Over the last 5 years, she has been researching “asking for help,” the theme of her doctorate. As she says, “Asking for help is an act of courage,” which is something we all need in these challenging times.

Sylvia Schachner, Teaching and Supervising Transactional Analyst (education), will be our final keynote speaker. She is a qualified pedagogue, psychologist, and lecturer at the University of Education in Vienna as well as an expert on pedagogy and adult education. Her educational perspective will help conference participants to reflect on the impact of current experiences on young people and consider resilience-based development scenarios.

After the terrible experience of the pandemic, which affected the whole

world, we need as a scientific community to come together, feel the power of belonging, and regenerate through the sharing of knowledge, training, and the enrichment that comes from the perspectives offered by others. This is the context for the upcoming ITAA conference, which has the ambitious goal of invigorating the physis that dwells within us to help us be courageous and resilient in the process of adapting to our altered times.

The conference will run for 24 hours a day for 3 days to cover all time zones, and we hope you will join us not only to hear these four keynote speakers but also to participate in the many varied workshops that will be offered. Remember to submit your presentation proposals by 6 December, and watch *The Script* for further program details as they become available.

Alessandra Pierini
2022 ITAA Online Conference Chair

the **SCRIPT**

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Events and Reminders Calendar

- 6 December 2021.....Proposal deadline for ITAA 3-5 June 2022 online conference
- 1 January 2022Deadline for 2022 Capers, James, Goulding, Service, and Research Award nominations
- 1 February 2022Deadline for ITAA Board nominations
- 1 February 2022Deadline for *TAJ* theme issue on “Ecological TA”
- 10 February 2022ITAA/EATA webinar
- 25-26 March 2022Online IBOC CTA/TSTA Exams
- 3-5 June 2022.....ITAA Online Conference
- 22 June 2022ITAA/EATA webinar
- 4-6 November 2022TEW (deadline: 4 March 2022)
- 8 November 2022.....ITAA/EATA webinar

For more details of these and other events, visit the ITAA website at www.itaaworld.org.

Webinar on Neurodiversity Challenges Stereotypes

by Steff Oates

The subject of the latest ITAA/EATA webinar was “Neurodiversity and Neurophobia,” with 133 people from 21 countries attending the 14 November Zoom event. We were delighted to welcome Terra Vance, the founder of Neuroclastic.com, and Kate Jones, their chief communication officer, to join us for the full webinar. Kate is also part of the United Kingdom TA community and has assisted many people in running workshops by providing phenomenal artwork. Neuroclastic.com is a nonprofit collection of autistic people responding to their ever-changing needs and a huge resource of information on autism (<https://neuroclastic.com/about/>).

Leilani Mitchell hosted the webinar with her usual grace and aplomb. Due to the nature of the topic and the importance of letting people contribute in a way that was most comfortable for them, we let participants choose whether to have their video on or off and made the breakout rooms optional. EATA President Peter Rudolph and ITAA President Chitra Ravi welcomed participants with short introductions, and as the chair of this webinar (we have a rotating chair), I had the pleasure

of introducing Kate Jones, who then introduced Terra.

Terra began by explaining that she wanted the webinar to be a “brave space, not a safe space” in which all opinions, curiosities, and critique were welcomed. Then, assisted by Kate, she gave a powerful, moving, and informative presentation entitled “Neurophobia: The Gatekeeping of Therapeutic Dinosaurs,” with the subtitle “On Ensuring Your Autistic and Otherwise Neurodivergent Clients Receive the Best Care.” Terra used powerful examples from her own experience of autism and misophonia (a sound sensitivity issue) and from being grossly misunderstood and misinterpreted by psychotherapists who had mistaken her sensitivities as being a result of early sexual abuse. She also emphasized that one of the reasons that she and Kate (both of whom are autistic) are so passionate about educating people with regard to neurodiversity is that they both have daughters who are autistic. They do not want their children to suffer from the same ignorance about autism and other neurodivergent conditions that they did growing up.



Terra Vance



Kate Jones

Terra presented a number of loopholes in the DSM diagnostic criteria for autism, mainly that it is focused on children and largely on deficits. This does not consider the skilled masking that many neurodiverse people have developed in order to fit into society. Terra underlined that autism is extremely common, more so than frequent diagnoses such as borderline personality disorder, mood disorders, and so on.

After Terra's presentation, participants were invited into break-out rooms or offered time for personal reflection to consider how they had been affected by what they had just heard. When the whole group reconvened, there was a lively discussion, with many participants sharing that they had an increased understanding of their autistic clients and, indeed, often of themselves. Comments centered on topics such as the benefits and pitfalls of diagnosis, why there is a need to define neurotypical and neurodiverse, and how we can keep this level of awareness up and influence our training programs and examination processes. Kate offered a fine answer to the question of diagnosis and labeling, stating that this is a very personal process. She spoke of looking at the label and making a choice to accept it but only if doing so would allow you a deep exhalation of relief.

Terra and Kate were an absolute gold mine of information and shared a number of links that they thought people would find useful based on the questions that were raised. For understanding differently wired brains: <https://bit.ly/3nfaYne>. For insight and learning, there are videos from

Steff Oates is ITAA Vice President Research & Innovation (lcfan@me.com) and a member of the ITAA-EATA Webinar Committee.

a conference run entirely by autistic people: <https://bit.ly/3qDkVNi>

We ended with participants expressing gratitude in the chat, which can be summarized by Peter Rudolph's comment: "I am thankful for this precious exchange. This is the open and 'brave' encounter that I deeply appreciate."

The next ITAA-EATA webinar will be held on Thursday 10 February at 07.00 UTC. The overall title of the 2022 webinars is "Stepping Up Together," and the topic for the February event will be "One World, Many Transactional Analysts: What Will We Do?" 📞

Fraudulent Emails Going to Members – Be Vigilant

It has come to our attention that some ITAA members may have received SPAM messages — maybe looking like they come from me — asking for money. **These are spam emails, not official ITAA business. Please do not respond to them.** Just delete the message.

Official ITAA messages will almost always come to you from info@itaaworld.org. **Although we do send emails reminding you about membership renewals, we do not solicit money in other ways.**

If you ever get an email you are unsure about, that gives you pause, or seems odd or unclear, please write to us at info@itaaworld.org before doing anything. In this age of spam bots and people who want to do bad things on the internet, we must all stay vigilant.

And if you have received one recently, please let us know so we can be tracking them. Email us at info@itaaworld.org.

Chitra Ravi, ITAA President

Award Nominations Sought

Hedges Capers Humanitarian Award ❖ Muriel James Living Principles Award ❖ ITAA Service Award ❖ Goulding Social Justice Award

Deadline: 1 January 2022

Send nominations for the Capers, James, Goulding, and Service Awards to ITAA Secretary Rema K Girdhar at rema.k.girdhar@gmail.com

ITAA Research Award

Deadline: 1 January 2022

Send nominations for the ITAA Research Award to committee chair Rosanna Giacometto at rgiacometto@gmail.com

See the ITAA website at www.itaaworld.org/itaa-awards or contact the ITAA at info@itaaworld.org for details on making nominations for these awards.

Results of a Survey of Neurodivergent Trainees, Trainers, and Practitioners

by Steff Oates

In summer 2019, before the pandemic hit, I presented a workshop at the wonderful ITAA/USATAA/Southeast Institute TA Conference in Raleigh, North Carolina, USA. The workshop was titled “Am I at Fault If I Don’t Feel OK? A Plea for an Acceptance of Difference and Struggle.” Giles Barrow, who attended the workshop, provided valuable feedback afterward, suggesting that some of the ideas I presented might be interesting for us as a community to consider in our training and certification programs.

I did not need more encouragement than that, and I set about establishing a small, informal working group. The group consists of Jo Moores and Tess Elliott as moderators of the Facebook group “Neurodiversity Network in TA”; Giles Barrow as a representative of the ITAA Professional Standards Committee (PSC); Karen Minikin for her interest in equality, diversity, and inclusion; Pete Shotton, with whom I had held previous discussions regarding neurodiversity; Isabelle Delannoy, an educator with particular interest in attention deficit hyperactivity disorder (ADHD); and myself.

In our three meetings, we have accomplished a great deal, and the group encouraged Jo, Tess, and me to establish a survey on Facebook about issues related to neurodiversity in TA education and training. There was a great response, and everyone who completed the survey agreed that their data could be shared if it was anonymized.

People generously recounted their experience and offered suggestions, and although we do not have space here to share all the wisdom we received, we have done our best to categorize the responses to give an accurate flavor of what we learned.

We are aware of a number of limitations of the survey, for example, the respondents were a self-selected group who signed up to a neurodivergent network; the form was only available in English; and it was distributed through informal UK networks and by word of mouth. In all, 87% of respondents were from the UK, 10% from elsewhere in Europe, and some were from India.

There were 86 survey responses in which people were asked to identify their involvement in TA, whether they considered themselves neurodivergent, and which field of TA they identified with. After that, more questions were posed, and we allocated the answers to five specific categories. We list them below and offer direct quotes that summarize the majority view in each case.

Have you experienced a lack of awareness of neurodiversity in your involvement in TA?

“In my training/accreditation there has been no attention to neurodivergence in clients. If there had been, it would have helped my awareness. I’m now becoming more and more aware.”

“Part of my story is that an experienced therapist only had stereotypical ideas of



Jo Moores



Tess Elliott



Steff Oates

ASD [autism spectrum disorder] and was unable to consider that I may be on the spectrum.”

Have you experienced or witnessed unfavorable experiences during training?

“I found online much easier (though still hard) because in-person is completely exhausting and overwhelming. My learning is secondary to coping with the environment. Two long days of constant contact with a group, trying to do deep process and high-level academic learning, is incredibly intense and draining.”

“I was sanctioned for spontaneity and scolded for stimming.”

“I believe that if the trainers had asked about my disability and taken account of it, my training experience would have been a much easier one. I believe the trainers need to be given detailed training about disability and neurodiversity.”

“I asked if there was a day when I was struggling emotionally if I could have music quietly playing. I wanted to learn with one earpiece in, with music that helped relax me but also helped me focus. While they said they understood this, the trainers focused on the cultural norm that it was rude to sit in a lesson with one ear piece in.”

Have you experienced or witnessed unfavorable experiences during examination and accreditation processes?

“I was told not to raise this (my neurodiversity) in my CTA written or

Jo Moores (jomoores1@ntlworld.com),
Tess Elliott (tesselliott15@gmail.com),
and Steff Oates (lcfan@me.com) on
behalf of our larger informal group

oral exam, as it would be seen to be an invitation to a game.”

“On the CTA process, there was no reasonable adjustments offered under the Equality Act, and the trainers had no knowledge of disabled student allowances (DSA).”

“Despite including evidence that I am dyslexic, I received feedback for my CTA written exam that ‘criticized’ elements that were very clearly connected to being dyslexic.”

Do you have suggestions for changes in training delivery and/or methods that would be helpful to neurodivergent students and trainers?

“The TA community needs to really listen and understand the lived experiences of neurodivergent people without imposing neurotypical expectations on us. This has happened too many times by TA therapists who say things like ‘You can’t be autistic because you have empathy’ or ‘Your issues are trauma related’ rather than understanding the immense trauma neurodivergent people experience because of their difference.”

“Mentor support system: volunteers that help with areas that are difficult in training, bursary so trainee can pay for additional expert support, TAJ articles that are read aloud, exam process that assesses in a more flexible way. The written CTA is great for some, but others need more of an oral assessment.”

Do you have suggestions for changes in our examination and accreditation processes?

Many respondents suggested that it would be of tremendous help if the written exam could be taken orally and suggested different ways of assessment negotiated with an assessor.

“How about a central dedicated team who could advise trainees about what sort of tech they might benefit from and where to go to buy it privately?”

“Any organization that takes money for training psychotherapists should have a policy and practice about neurodiverse students backed up with practical support.”

Can you share positive examples of your experience of neurodiversity in the TA community?

“I’m just so glad this research is being undertaken, that a neurodiverse TA community exists.”

“There is a mixed media provided to allow my learning of the course through paper handouts and recordings from the sessions.”

To summarize, we write this as a beginning dialogue and hope that it will continue. **S**

Write for The Script!

We invite you to become a contributor to *The Script*. We are especially interested in hearing from members who are using transactional analysis in socially responsible efforts to impact the world in a positive way. We also want to hear from practitioners who use TA in all four fields (psychotherapy, counseling, organizations, and education). Send us your articles (around 1000 words) and letters (around 400 words). Or if you have other ideas for Script material you think our readers would be interested in, please get in touch. Contact Script Managing Editor Robin Fryer at robinfryer@aol.com.

ITAA Research Award Seeks Submissions to Further Research in TA

by Rosanna Giacometto

We know that the ITAA strongly supports TA development and dissemination through various awards and acknowledgments. One of its newest awards is the ITAA Research Award (established in 2017), which acknowledges and celebrates research in transactional analysis.

This award will not compete with the Eric Berne Memorial Award (EBMA) but seek to complement it in various ways. Unlike the EBMA, it will be open to anyone, not just members of the ITAA, and can be awarded to an individual or a team of researchers. Nominated work will also not be required to show the development and establishment of new theory but may focus on the effectiveness of current theory and practice. Research will be the necessary focus rather than simply an option.

I chair the ITAA Research Award Committee, which is responsible for managing the nomination, review, and selection process. And here I have the pleasure to introduce my colleagues: Mandy Lacy (New Zea-

land), Roland Johnsson (Sweden), Davide Ceridono (Italy), James Sweeney (UK), Enrico Benelli (Italy), Anne de Graaf (Netherlands), and Deborah Blagden (UK). We have been reflecting on the question “Why do we award research?” and now want to share with you our thoughts, hoping that this will stimulate and encourage some of you—maybe many of you—to consider submitting your research work to our committee for the award.

“A theory without conceptual and empirical research is an ‘IMO–In My Opinion’ statement. A practice without empirical support is a self-referential one.”

Recognition of TA in the academic field. During the 2015 EATA Research Conference in Rome, Omar Gelo presented an investigation of research articles published in the *Transactional Analysis Journal (TAJ)* and the *International Journal of Transactional Analysis Research (IJTAR)*. He found that 95% of the articles were nonempirical and mostly theoretical studies, so we fall short on obtain-



ing recognition in the academic world because empirical studies like meta-analyses, random controlled trials, quasi-experiments, and naturalistic studies are rare in transactional analysis (research-based knowledge).

Development of theory and practice and filling the gap between research and practice. There is a gap between research and practice, yet TA has a strong network of practitioners by whom knowledge is validated (practice-based knowledge). We think one way to reduce the gap is to promote empirical studies by an award but also to make the knowledge and concepts about empirical research available for practitioners

in order to develop the dialogue between researchers and practitioners to mutual benefit.

Promoting research is essential to the development of theory, knowledge, and practice. A theory without conceptual and empirical research is an “IMO–In My Opinion” statement. A practice without empirical support is a self-referential one.

Importance of research for all TA field standards. Research is mostly important for the psychotherapy and counseling fields because it is required to establish legitimacy by the World Health Organization and almost all national health systems around the world. A model of psychotherapy without empirical support (effect size of the efficacy of the model to be shown to policy makers) is a marginalized model of psychotherapy, and research is vital for TA in order to be recognized equally alongside other psychological modalities. It is also a good practice in educational and organizational fields.

Research is important to understand the efficacy of TA and to provide a forum for critique and growth of contemporary TA knowledge practices. We award researchers in order to highlight the best way to develop TA around the world. TA needs research, both empirical and theoretical, not only to support the validity of TA theory and practice but also to develop scientific knowledge within our complex field of study.

Motivating willingness and acknowledging commitment. Through rewarding and recognizing research we aim to encourage and inspire TA people to think about and do research and not just in universities. Research can occur, as we know, through our work with people, clients, and organizations.

IN MEMORIAM

Chie Shigeta

It is with great sadness that we share that Chie Shigeta died on 4 November 2021. TA people all over Japan feel the loss deeply. Chie, who practiced Mary Goulding’s dictum “It’s never too late to start,” became a TSTA (psychotherapy) at 72 and has “raised” many Japanese practitioners since then. Chie, with her charming style, developed relationships with many TA colleagues in Japan and worldwide. She lived from the “I’m OK, You’re OK” position, always kind and warm and giving strokes for our existence. I will never forget her charming, childlike smile and her supportive, holding presence. We now suffer greatly from the loss of Chie, but we hope to inherit the heritage she left for us and pass it on to the Japanese people. I pray for Chie Shigeta’s soul from the bottom of my heart. (Note: We expect to have more to share about Chie in the January *Script*.)

Takayuki Muroki
President of the Transactional Analysis Association of Japan (TAAJ)



With the ITAA Research Award, we reward the demanding and precious work of those who dedicate time and resources to offer significant research contributions in these directions, and through the public award we bring their contributions to the attention of the TA community. I hope you are now more aware of the passion about research that characterizes the ITAA Research Award Committee and will feel encouraged to submit your research to us for the award.

More information about the ITAA Research Award is available at [ITAA Guidelines for the Operation of the ITAA Research Award](#). And remember, the deadline to submit proposals is 1 January 2022.

Rosanna Giacometto and the members of the ITAA Research Award Committee 📍

Welcome to New Members

OCTOBER 2021

Saira Akhtar, United Kingdom
Ellie Batten, United Kingdom
Dijana Dimovska, Serbia
Maria Faña, United States
Brianna Higgins, United States
Edit Horvath, Hungary
Tea Knezevic, Croatia
Alina Korczyk, United Kingdom
Zhou Mi, China
Paula Nascimento, Brazil
Elena Ramona Oros, Romania
Dubravka Radusinovic, Serbia
Alessandra Tiezzi, United Kingdom
Nebojša Žižic, Montenegro

Wrapping Up a Big Year

by Sue Eusden and Jacqueline van Gent

As we come to the close of 2021, the International Board of Certification (IBOC) looks back at a busy and successful year with reflections, learnings, and appreciations and looks forward to next year and beyond.

Reflections and Learnings

In 2021, IBOC ran online exams in January (CTA), March (CTA), May (mock TSTA), and September (CTA & TSTA) and a TEW in October. Among the candidates, 32 transactional analysts were certified CTA and 13 were awarded certification toward or completed their TSTA.

In October, IBOC ran the TEW online, and 8 CTAs completed the online workshop. They will hopefully sign their contracts soon to become recognized as PTSTAs.

Every set of online exams brings new learnings, with useful feedback from both candidates and examiners.

Sue Eusden (sue@itaaworld.org) and Jacqueline van Gent (jacqueline@itaaworld.org), IBOC Cochairs

Erratum

In the October Script we made a mistake when we wrote that the October 2021 Training Endorsement Workshop was the first online TEW.

The very first online TEW was, in fact, run by Julie Hay, with colleagues Peter Rudolf and Cathy McQuaid, with Karen Pratt as observer in 2018 following the floods in Kerala that led to the onsite workshop being cancelled. We apologize for this error and are pleased to correct it.

Here are a few of the things that we wish to optimize in the coming year:

- Our ongoing philosophy to encourage certification and make exams accessible, affordable, and professional
- How to prepare everyone for the online exam experience has been our primary focus this year. We have run advanced meetings for candidates and Zoom training for examiners. These have been well received, and we plan to keep doing them. It means all examiners will have done a Zoom training before the exams and then a 2-hour training immediately before the exams. Candidates also need to learn how to present online, and we encourage them to work in their peer groups and with

their primary supervisors to practice, just as they do for in-person exams. We have no doubt that the whole examining community has increased their IT skills this year.

Our use of technology has been a primary learning curve this year:

- We now have an IBOC P-Cloud account and have learned this year how to best share confidential documents with examiners.
- We are using Google forms to collect examiner and volunteer information for the exams and for collating scoring in exams as well as feedback forms.
- We will continue to use separate Zoom rooms for each exam because we think this is protective and works well.

- We plan to provide an online meeting place for informal gathering in between exams for all who are interested. In particular, voluntary audiences in the TSTA teaching exams sometimes have to wait a long time before they are invited back into the exam Zoom room for the next part of the exam. Such a wait becomes more pleasant when there are other people around to connect with.
- We plan to introduce an online technical assistant in the TSTA teaching exams and perhaps also in the supervision exam. This person will take care of letting volunteer audiences in and out and (try to) find solutions for possible technical hiccups. This will reduce the level of stress for the chair of the board, who can then better focus on managing the examination process.
- We are keeping an eye on timings for the exams, particularly those in translation, so they can be arranged to minimize stress/Zoom overload and ensure equity between different languages needing different lengths of time to translate. Having breaks will be encouraged in longer exams.
- We are thinking about the spreadsheet exam boards we send out and how to best present the information and Zoom links that is as inclusive to different preferences as possible.
- We need to consider GDPR rules to share emails between examiners. We will include a permission section on the next Google form call for examiners.

We usually send out a Call for Examiners (and Volunteers) to CTAs and P/TSTAs of ITAA about 4 months before the next exams. Sometimes email addresses turn out to be out-

dated and the mail does not arrive. Therefore, we ask you to keep an eye on the ITAA website (<https://www.itaaworld.org/training-and-certification-transactional-analysis>) where the most recent call for examiners will appear with a clickable link. Your interest can only be registered if you fill in the Google form. An email stating that you would like to be an examiner or volunteer unfortunately does not work properly.

Appreciations

We want to thank everyone who has been involved in IBOC exams this year. First, thanks to the team with whom we work closely: Karen Pratt and Giles Barrow (PSC cochairs) and Thorsten Geck (who has just stepped down from his role as VP). Their knowledge and experience has been invaluable to our work this year. We also want to appreciate the skilled hands of Trudi Newton, who is steering the TEWs for us, and Deepak Dhananjaya for his technical wizardry.

This year we have welcomed Caroline Donovan into our team as IBOC administrator. She has been learning our systems and building knowledge of ITAA and IBOC. She works for us part-time and has thrown herself into this work with a great willingness as she brings her expertise to help improve our systems.

Then, of course, to all the candidates, volunteers, examiners, observers, process facilitators, and translators: Thank you for being so generous with your time and goodwill in an immersive year of gathering, learning, and examining online. We are excited about the year ahead and building on the year past. We sincerely hope that CTA and TSTA examiners will again be willing to make their indispensable contribution to the online exams next year. The same goes for

the many volunteers needed to make the TSTA teaching and supervision exams possible.

Going Forward Into 2022 and Beyond

As we have said before, we will continue to organize online exams and TEWs in the future because we now know that this format meets an important need for many members of ITAA and since time and again both examiners and candidates have commented positively on the quality and rigor of the online exams.

Preparations have started for the next round of online CTA/TSTA exams, which will take place 25-26 March 2022. We will send out the call for examiners at the end of November. If you have not received an email and want to be involved, please contact Caroline Donovan at iboc@itaaworld.org.

Applications are open for CTA and TSTA exam in September 22.

The deadline has now closed for the May TEW, and we can confirm we have enough candidates to guarantee it will run. Places are still available for the TEW in November 22. Dates for 2023 will be out soon. 📅

TAJ Theme Issue

“Ecological Transactional Analysis”

Coeditors: Giles Barrow, Hayley Marshall, and Sylvie Monin
Deadline: 1 February 2022

Please follow the submission requirements posted [here](#).

Email manuscripts to TAJ Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

SEC and Eco TA Webinar on Climate Change

by Victoria Baskerville

This timely worldwide webinar of the ITAA Social Engagement Committee took place on Monday 8 November at the same time that world leaders were meeting in Glasgow, Scotland, at COP26, where activists came together in the thousands to make pledges to halt the devastating impact of climate change. Transactional analysts representing our world community also came together via Zoom and dialogued on what climate change means to us as transactional analysts, how we think of this ethically, and how we can hold social responsibility for our planet at the heart of our work.

Giles Barrow opened the webinar with a powerful invitation to develop from individual activism to collective action as transactional analysts, asking what can we take responsibility for as a community and how can we develop both an indoor and outdoor mind? Sashi Chandran brought

“How do we as transactional analysts hold the world in mind? And how do we incorporate the ECO into TA?”

a nondualist perspective and one humanity to climate change, and Günther Mohr spoke about whether Green capitalism is possible.

Giles Barrow from the Eco TA Focus group wrote: “It was welcome to see so many gather around the theme of climate change. The next step, as I see it, is the shift from those of us concerned and committed about climate change, who happen to be transactional analysts, to that of establishing a transactional analyst response to the ecological domain. There was clearly great support for the former, which I am hoping can bring about the latter.”

Elana Leigh from the SEC Committee wrote: “It was a challenging and stimulating forum in a welcoming space in which all voices were heard. The take home is get out there and be proactive in whatever way you can. As a community, let’s begin our practices of thinking communally with each other.”


Overall, there was much passion, energy, reflection, and meaningful dialogue around the enormity of climate change, the differing social and environmental contexts, the “I” and the “we” in our community, and the call for collective action. The challenge now is how can we come together as a community and hold social responsibility for our planet in our being as transactional analysts? In Giles’s words, “How do we as transactional analysts hold the world in mind? And how do we incorporate the ECO into TA?”

This calls us to evolve our philosophical base, principles, and ethics, which have historically largely focused on social relationships and individualistic culture, to a collective worldview of how we engage with our planet as transactional analysts. And ultimately, how do we embody and radically action these challenging and urgent values?

If not for me, who will be for me?

If only for me, what does that make me?

If not now, when?

[\(Quoted by Helena Hargaden from Pirkei Avot 1:14 Rabbi Hillel\)](#) 

Victoria Baskerville (She/Her), chair of the ITAA Social Engagement Committee (victoriabaskerville@icloud.com)

Significant Changes to the ITAA Scholarship Grant Fund

To provide some context to changes that have been made in the ITAA Scholarship Grant Fund (SGF) application, I will start with a January 2021 meeting arranged with representatives from UK TA training institutes in response to questions about access to the *TAJ* for students. Several of these institutes/organizations wanted to become direct subscribers to Routledge so that their students could access the *TAJ* online. However, the ITAA Routledge/Taylor and Francis Liaison Committee wanted to emphasize to them that while we appreciated students' and trainers' interest in the *TAJ*, direct subscription through Routledge was costing the ITAA dearly in membership fees.

The meeting was very productive, with many issues discussed that we will be taking forward. Many trainers committed to letting their students know of the benefits of ITAA membership, including and beyond access to the *TAJ*. We, in turn, agreed to keep building our relationship with EATA and talking about the complex issue of translation.

Of particular interest in this context was a discussion about how ITAA might account for substantial economic differences in countries that are normally seen as wealthy and therefore do not have access to our TA rates. Victoria Baskerville reminded us that there remain significant economic, class, and racial differences that need to be taken into



Michael Harsh

account when considering access to the *TAJ* and ITAA membership.

We then considered whether such trainees could use our SGF, which was originally designed to support TA trainings for ITAA members with limited financial means. But we discovered a catch 22: Until now, only ITAA

members have been able to access the SGF, which left impoverished students who cannot afford the \$90 student membership fee unable to benefit from the SGF.

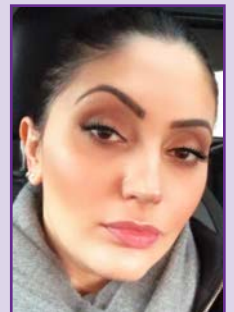
Steff Oates, Sylvie Monin, John Oates (ITAA Treasurer), and Michael Harsh, in conjunction with the SGF committee (Michael, John, John Baxendale, and Corinne Laurier) set to work to amend the SGF applications form so it could be brought up to date and be open for trainees who might use it to pay for their ITAA membership. The committee will award the grants to eligible trainees and support them in their first 2 years of training. We are pleased to announce that the forms are now updated and accessible via [this link](#).

Thanks to all involved in this important process, and especially to Michael Harsh for his work updating the SGF forms. It will be great to spread the word about the benefits of belonging to this amazing organization and to be attracting new members who might not otherwise have been able to join.

Steff Oates (lcfan@me.com) VP R&I

Welcome to New Latin America Rep

We are happy to announce that Paula Rodrigues of Joinville, Brazil, has agreed to join the ITAA Board of Trustees to fill the rest of the term originally held by Michelle Thomé, who has moved into the position of Vice President Development. Paula writes, "It is with joy and enthusiasm I accept the invitation to become the regional representative for Central and South America and the Caribbean region. In this role, I hope to contribute to the continuous learning process of all members of our region. To me, associating with the ITAA is a great opportunity to share knowledge and experiences in order to improve our repertoire as



Paula Rodrigues

transactional analysts. I hope to be a bridge between the regions and to promote our personal and professional development and relationship. I was introduced to TA in 2017, and since then I have been applying it in the organizational and educational fields, especially in the leadership training I do for companies I work for in Brazil as a human relations professional. I will be encouraging my colleagues to share their findings about TA with the world. I believe this shared learning will allow us to harness the full potential of this theory to facilitate growth in the people with whom we work."

Welcome to Interim Vice President Professional Standards

Just as we went to press, we learned that Karen Pratt, TSTA (education), has agreed to serve in a caretaker capacity as ITAA Vice President Professional Standards following the resignation from that position of Thorsten Geck last month. Karen will remain in the post until after the 2022 annual general membership meeting next July, after which a new vice president will come on board (the position is open for nominations for the term 2022-2024). Karen will continue to function as the cochair of the professional standards committee (with Giles Barrow) during this time. We welcome Karen to the post and appreciate her willingness to take on the role for the time being.



Karen Pratt

Update on TAJ Podcasts

We're thrilled with the positive response to the first podcast of a *Transactional Analysis Journal* article (by Steff Oates of her article "What If My 'I'm OK, You're OK' Is Different From Yours? Could the Inherent Optimism in Transactional Analysis Be a Form of Compulsory Ableism?"). We have started to hear from others who are interested in doing the same thing and are pleased with the enthusiasm this reflects among our members and the TA community. We are working to develop a procedure/criteria for further podcasts and just want people to know that there are legal/copyright issues that must be taken into account before any additional podcasts of TAJ articles are made. As soon as we have more details, we will share them!

Call for ITAA Board Nominations

The following positions are open for nominations now. Deadline for nominations: 1 February 2022 11 pm (23:00) UTC.

President-Elect (2022-2023)

Vice President Operations (2022-2024)

Vice President Professional Standards (2022-2024)

Regional Representative - Europe (2022-2025)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination (if not the nominee), and the name of two people seconding the nomination (one may be the person making the nomination). To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available on the ITAA website at itaaworld.org and from nominations chair John Heath at johnheath105@gmail.com. Nominees are encouraged to read and understand those and the full nomination/election documents before accepting nomination. Send nominations to ITAA Nominations Chair John Heath at johnheath105@gmail.com.

2021 TAJ Bound Volume Is Available

The 2021 bound volume of the *Transactional Analysis Journal* was mailed in late November. Those members who are entitled to copies based on their membership category should receive them by mid to late February. If you have not by then, please check with Susan Lockwood at info@itaaworld.org to make sure you were on the list to receive a copy. If you were, then you may request a replacement copy of the 2021 bound TAJ by emailing the Taylor & Francis Customer Services team at societydata@tandf.co.uk. Make sure to put in the subject line "ITAA member – Transactional Analysis Journal" so your query is responded to quickly.

Appreciation to Long-Time Members

Below are the names of those individuals who are long-time ITAA members, some of them for more than 40 years. I thank them on behalf of us all for their dedication and loyalty to our global transactional analysis community. The ITAA is a direct membership organization, and we can only move forward on the basis of the continued participation and active involvement of our members. It is particularly important for us to acknowledge and honor the people who stay with us. As long-time supporters, these people have enabled our organization to continue its mission. I look forward to sharing the ITAA's development with them for many years to come.

- Chitra Ravi, ITAA President

40 + Years

Inger Acking	7/1/77
Lasse Ahnby	4/1/81
James Allen	1/1/68
Ellyn Bader	8/1/77
Maria Serena Barreca	5/1/79
Brenda Bary	10/1/74
Susanna Bianchini	3/1/80
Maudine Blair	10/1/68
Leonard Campos	1/1/68
Alberto Close	8/1/81
Rena Conley	4/1/75
William Cornell	1/1/72
Stephen Cosgrove	4/1/75
Isabelle Crespelle	7/1/77
Judy Culp	4/1/73
Charlotte Daellenbach	1/1/79
Janice Dowson	11/1/77
John Dusay	4/1/67
Fanita English	1/1/68
Richard Erskine	9/1/69
Joanna Fikkert-Mitchell	4/1/74
Lucy Freedman	1/16/72
Margery Friedlander	10/1/74
Ian Gilmore	10/1/80
Wayne Hart	1/1/73
Laurie Hawkes	10/1/77
Julie Hay	6/1/77
Gordon Hewitt	11/1/75
Charles Holland	7/1/73
William Holloway	8/1/71
Norman James	11/1/69
Roland Johnsson	10/1/75
Vann Joines	7/1/72
Stephen Karpman	1/1/67
Anne Kohlhaas-Reith	11/1/75
George Kohlrieser	7/1/71
Rosa Krausz	12/1/75
Stephen Lankton	10/1/73
Pamela Levin	1/1/68
Susanna Ligabue	6/1/80
Tijana Mandic	7/1/79
Ruth McClendon	5/1/73
John McNeel	7/1/65
Kenneth Mellor	10/1/70
Carolyn Murray	12/1/80
Gloria Noriega Gayol	12/1/80
Thomas Ohlsson	7/1/75
Lewis Quinby	1/1/70
Suzanne Robinson	1/1/76
William Rosenthal	1/1/75
Anna Rotondo	7/24/80
Diane Salters	10/1/80
Sachiko Shirai	11/1/75
Lise Small	5/1/76
Carol Solomon	1/1/71
Nadyezhda Ivanovna Spassenko	4/1/75
Rosemary Taylor	10/1/78
Oddmund Teigen	9/1/81
Valentina Terlato	11/1/81
Maria Teresa Tosi	3/1/80
Rebecca Trautmann	4/1/72
Stanley Tsigounis	2/1/79
Abe Wagner	10/1/72
Jonathan Weiss	1/1/68
Laurie Weiss	1/1/72
Tony White	10/1/79

30-39 Years

James Agar	5/1/90
Fusun Akkoyun	10/1/89
Alison Ayres	12/1/91
Joanna Beazley Richards	6/1/87
Suzanne Boyd	1/1/90
Lluís Casado Esquius	5/1/85
Giorgio Cristiano Cavallero	4/1/82
Sashi Chandran	11/1/83
Jesús Cuadra Pérez	7/1/89
Jim Davis	8/1/89
Anne de Graaf	10/1/90
Antonio Ferrara	8/1/84
Vince Gilpin	6/4/86
Jan Grant	5/1/82
Linda Gregory	12/1/83
John Heath	11/1/90
Lis Heath	4/1/91
Ann Heathcote	12/1/91
Birgitta Heiller	8/1/84
Rhae Hooper	3/1/91
Koichi Ishizaki	5/1/85
Sharon Kalinko	7/1/84
Agnes Le Guernic	11/16/90
Adrienne Lee	1/1/82
Elana Leigh	1/1/87
Jessica Leong	1/1/85
Ray Little	3/1/83
Antonella Liverano	6/1/87
Dianne Maki-Sethi	5/1/89
Sean Manning	12/1/91
Marco Mazzetti	7/1/88
Cinzia Messana	6/1/87
Zoran Milivojevic	5/1/84

Dottie Miller 1/1/85
 Alastair Moodie 8/10/89
 Joan Moore 5/1/90
 Rosemary Napper 12/1/91
 David Neustein 8/1/83
 Trudi Newton 7/1/88
 Franz Nuschei 1/1/87
 Janet Lee O'Connor 6/1/87
 Donna Marie Perry 7/1/85
 Leon Servais 1/1/85
 Chie Shigeta 6/1/85
 Nobuyuki Shinozaki 11/1/89
 Charlotte Sills 7/1/84
 Jasvinder Singh 11/1/86
 Vittorio Soana 6/30/89
 Yoshiko Suzuki 4/1/89
 Anna Emanuela Tangolo 7/1/91
 Susannah Temple 7/1/84
 Moniek Thunnissen 12/18/91
 Servaas van Beekum 12/1/91
 Sari Van Poelje 7/1/91
 Patrizia Vinella 7/1/91
 Kerstin Waldekranz 1/1/84

20–29 Years

Tomoko Abe 6/1/93
 Elyane Alleysson 11/20/95
 Chiho Asai 10/1/01
 Sabine Blumenstein 11/1/93
 Margaret Bowater 7/1/94
 France Brecard 2/1/98
 Aleksandra Bubera Ninic 3/1/01
 Suriyaprakash C. 1/1/96
 Annie Cariapa 8/1/01
 Pinuccia Casalegno 1/1/96
 Karen Cesarano 5/1/98
 Elizabeth McGuire Cleary 8/1/94
 Jeanette Coleman 1/1/96
 Jane Costa 6/1/94
 Natasa Cvejic Starcevic 8/1/94
 Emilia Maria De Micheli 8/1/93
 Mica Douglas 12/1/97
 Beverley Ellis 9/1/94
 Carol Faulkner 12/1/99
 Antonella Fornaro 3/1/98
 Susan George 7/1/95
 Susan Hampton 1/1/96
 Michael Harsh 9/1/97
 Theo van der Heijden 5/1/97
 Valerie Heppel 7/1/92

Hiroko Hikita 1/1/01
 Linda Hoeben 5/1/96
 Mohanraj I A. 7/1/95
 Yoen Ishiyama 6/1/93
 Lorna Johnston 4/1/96
 Dragana Jovanovic-Boka 3/1/98
 Izumi Kadomoto 2/1/94
 Ryuta Kanemaru 4/1/98
 Noriko Kawaguchi 2/1/96
 Michiko Kawanami 5/1/99
 Ikuko Kin 9/1/99
 Yoshinobu Kitamura 8/1/97
 Mandy Lacy 5/1/01
 Joost Levy 7/1/93
 José Martínez Rodríguez 1/1/96
 Naoki Matsui 6/1/94
 Amaia Mauriz Etxabe 7/1/99
 Susan McMenamin 4/1/01
 Kyoko Mitsunobu 6/1/95
 Kaoru Mitsuyama 8/1/97
 Satoshi Miyagi 2/1/97
 Günther Mohr 5/1/01
 Sandra Mojsiewicz 11/1/97
 John Monk-Steel 1/1/96
 Claudia Montanari 6/1/93
 Yoko Mori 4/1/01
 Jayalakshmi Mukundadas 8/1/98
 Takayuki Muroki 1/1/94
 Maria Nabradý 5/1/97
 Toshiki Nishizawa 6/1/92
 Edward Novak 6/1/00
 Steff Oates 1/1/92
 Kuniharu Ogawa 6/1/94
 Frances Parkin 10/1/95
 Gianpiero Petriglieri 5/1/98
 K. Raguraman 3/1/97
 Annie Rogers 9/1/99
 Rod Sandle 9/1/99
 John Savage 6/1/01
 Bernd Schmid 1/1/96
 Carole Shadbolt 2/1/98
 Ryoko Shimada 1/1/94
 Jo Stuthridge 2/1/97
 Wataru Suematsu 10/1/94
 Frances Townsend 3/1/95
 Anne Tucker 12/1/95
 Keith Tudor 3/1/98
 Biljana van Rijn 1/1/96
 Irmgard Voshaar 1/1/94
 Marion Wade 12/1/96

Kerri Warner 7/1/93
 Enid Welford 1/1/96
 Chen Ya-Ying 10/1/97
 Susanne Young 3/1/96

10–19 Years

Haseena Abdulla 2/1/11
 Shirin Afraz 1/1/08
 Beren Aldridge 3/1/05
 Geethan Ananthan 2/1/07
 Masumi Aonuma 3/1/06
 Ian Argent 8/1/06
 Arantza Arrillaga Arregui 3/1/04
 Jan Baker 6/1/11
 Tian Bao 1/1/09
 Giles Barrow 10/1/03
 John Baxendale 4/1/10
 Andreas Becker-Ruprecht 1/1/07
 Maksuda Begum 1/1/05
 Vicky Blake 9/1/08
 Pushpa BN 6/1/11
 Koen Bosschaerts 5/1/10
 Sue Brady 6/1/03
 Jason Brennan 6/1/03
 Colin Brett 1/1/02
 Dianne Brooker 12/1/07
 Maggie Brown 3/1/10
 Danijela Budisa Ubovic 1/1/10
 Tom Burton 8/1/03
 Cristina Caizzi 3/1/07
 Penelope Carey 11/1/09
 Judith Carson 10/1/09
 Cassandra Cauble 11/1/04
 Daniel Cauble 11/1/04
 Blanka Cepicka 2/1/05
 Anna Chandy 2/1/04
 Badarinath Cheruvu 6/30/09
 Valerie Cionca 9/1/11
 Tony Conley 6/1/10
 Rachel Cook 6/1/11
 Milica Cucuz 10/13/09
 Ioana Cupsa 1/1/09
 Rachel Curtis 10/1/11
 Michele D'Errico 2/1/03
 Michael Day 6/1/10
 Han den Dekker 3/1/11
 Nika Deu 2/1/10
 Josephine Devotta 4/1/10
 Anette Dielmann 8/1/03
 Jane Drouot 5/1/02

Susan Eccles	5/1/02	N. Michel Landaiche, III	12/1/06	Chris Pollock	4/1/07
Elena Soboleva	11/1/07	Kathy Laverty	3/1/03	Leslie Poulin	12/1/05
Tess Elliott	3/1/06	Inna Learn	2/1/09	Seema Pradhan	6/1/05
Sue Eusden	7/1/06	Seong Koo Lee	4/1/09	Karen Pratt	7/1/04
Sally Evans	3/1/04	Young Tae Lee	11/1/03	Alva Ramirez Villatoro	5/1/06
Maureen Felton	4/1/03	Eleonore Lind	1/1/11	Ragini Rao	4/1/03
Melissa Ferrari	8/1/02	Martin Loughna	10/1/11	Chitra Ravi	1/1/04
Susie Fitzgerald	3/1/11	Rowena Lucas	3/1/09	Sander Reinalda	9/1/04
Peter Flowerdew	12/1/02	Michelle Mackin	11/1/07	Deborah Robinson	11/1/04
Prathitha Gangadharan	10/1/05	Paolo Maggio	5/1/05	Mil Rousseau	9/1/11
Thorsten Geck	4/1/10	Sailaja Manacha	4/1/03	Helen Rowland	10/1/10
Marcus Gee	7/1/11	Tanja Marovic	7/1/09	Marguerite Sacco	4/1/06
Bernard Gentelet	8/1/09	Hayley Marshall	10/1/07	Kerrylea Sampson	8/1/07
Kathleen Gerontakos	9/1/06	Gemma Mason	7/1/05	Matti Sannen-Weeland	1/1/09
David Gibson	7/1/07	Susan Matthews	9/1/11	Jo Schaeffer	7/1/09
Ganna Golovan	6/1/09	Elaine McConnell	10/1/10	Mariko Seki	5/1/04
Aruna Gopakumar	4/1/03	Ian McDougall	8/1/02	Sumithra Sharatkumar	9/1/07
Nathalie Goursolas Bogren	12/1/05	Charlotte McLachlan	1/1/05	Alesa Sicherl	1/1/10
Vladimir Goussakovski	3/1/04	Brad McLean	3/1/11	Celia Simpson	7/1/04
Suna Guven	9/1/04	Cathy McQuaid	8/1/03	Tatiana Sizikova	2/1/03
Piet van Haaster	4/1/10	Vera Mikovic	3/1/04	Jane Skinner	11/1/11
Marina Hadzi-Pesic	3/1/04	Karen Minikin	7/1/02	Hilary Spenceley	7/1/07
Sheila Halliday	1/1/06	Kenichi Miyama	4/1/08	Maja Stoparic	1/1/06
Chiyo Hayashi	3/1/10	Nataša Mohorc Kejžar	4/29/10	Graeme Summers	1/1/06
Debby Heath	1/1/07	Sylvie Monin	3/1/11	Clifton Supple	12/1/03
Liza Heatley	7/1/10	Jo Moores	4/1/08	Yasuhiro Suto	3/1/02
Karyn Hierl	3/1/08	Renato Morandi	8/1/09	Sudha Thimmaiah	2/1/04
Sally Holligan	1/1/05	Cholena Mountain	8/1/06	Henk Tigchelaar	7/1/05
Akiko Hori	7/1/07	Antonia Muir	3/1/06	Marian Timmermans	12/1/06
Karen Horrocks	7/1/07	Pashmina Nanwani	1/1/11	Tina Tivadar	12/1/08
Pei-Ying Huang	4/17/10	Teijun Naoi	1/1/06	Cesare Todescato	11/1/11
Cristina Innocenti	4/1/06	Briony Nicholls	3/1/04	Safak Ebru Toksoy	9/1/08
Richard Ireland	11/1/04	Kabeer NV	2/1/04	Lynda Tongue	4/1/04
Izumi Mitsunori	1/1/11	Soohee Oh	8/1/05	Naoko Toyoda	1/1/06
Kathy Johnston	7/1/05	Makoto Ozawa	8/1/02	Tetsuo Tsukioka	6/1/08
Marina Joseph	3/1/05	Ede Paiva	5/1/06	Gabriela Tudor	4/1/10
Anuradha Kannan	4/1/07	Evelyne Papaux	5/5/10	Marion Umney	6/1/05
Yoshiko Kawai	1/1/05	Mi Hyun Park	7/1/09	Jacqueline van Gent	12/1/04
Elena Kecman	8/1/10	Mary Parkhouse	4/1/05	Jo Wareham	3/1/09
Elvin Keles	3/1/06	Paula Partington	6/1/06	Mark Widdowson	10/1/06
Georges Kemmerling	5/1/09	Shekh Zadi Rezina Parvin	3/1/11	Andy Williams	11/1/03
Jane Kibblewhite	7/1/08	Jose Passos	4/1/03	Jack Wood	5/1/04
Hideyo Kihoin	3/1/04	Maja Pavlov	3/1/02	Marilyn Wright	2/1/05
Young-A Kim	3/1/08	Marij Peeters	4/1/08	Lili Xu	10/1/08
Raewyn Knowles	3/1/04	Sigvard Persson	3/1/04	Mayumi Yoda	12/1/09
Lieuwe Koopmans	4/1/05	Katarina Pfaf Krstic	4/1/02	Sili Zhou	2/13/10
Zeljka Kurjacki	1/1/11	Alessandra Pierini	7/1/05	Dijana Živanovic	7/1/09
Maja Kus Ambroz	1/1/11	Ritva Piironen	6/1/03		
Alex Lagas	12/1/11	Janette Plummer	12/29/11		