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FIRST ITAA ONLINE CONFERENCE

*"Courage, Physis, and Resilience:
Resources for a New Emerging World"*

3-5 June 2022

**Running for 3 days, 24 hours a day,
to cover all time zones**

Call for Proposals

In living memory, there have been a number of global events that have changed our lives: The First and Second World Wars and the September 11th terrorist attacks, to name but a few. Now we are experiencing a pandemic that has affected people on a worldwide scale, crossing boundaries between countries and impacting our habits, traditions, rituals, and everyday activities.

We are still struggling to find new ways of relating, working, and living in these altered times, and most of us are experiencing loneliness, distance from others, and fear. We need to find new resources to face this challenge as well as the serious and ongoing challenge of climate change. In this area, in partic-

ular, we need to take into account the environment, acknowledging that we are not the owners but the caretakers of the natural world. We need to discover, understand, and develop deep respect and humility about our role on this planet. As part of these necessary adjustments, we need to develop our resilience and find the courage to live in this new and changing world.

This is the context for our upcoming ITAA online conference, the first for our association. It will span 3 days and run 24 hours each day. We will have four keynote speakers covering a wide range of practice as well as 48 different workshops over the 3 days.



Alessandra Pierini



Cristina Caizzi



Steff Oates

We invite proposals on the conference theme from all TA fields and practices. We hope to share our experiences as professionals on how to find new paths for ourselves and our clients. We hope that you will find inspiration about how to thrive and blossom again even though conditions have changed. We intend the conference to be a time of encounter, one that all our members and newcomers can enjoy and use to feel

part of a community that, even in a time of huge change, is always there.

The conference committee is made up of ITAA members from all fields who will work together to provide a varied program. The conference will begin on Friday 3 June and end on Sunday 5 June. All workshops will run for 2 hours with breaks in between, and we plan to have interpretation in various languages available.

Proposals will be submitted through an online platform. Details about this platform will be announced in the October *Script* and published on the ITAA website beginning on 1 October. The deadline for proposals will be 15 November. Confirmation of acceptance of proposals will be 30 December. Registration for the conference will open on 15 January and close 30 April.

We hope you will seriously consider submitting a proposal on the theme and look forward to hearing from you once the online portal is open.

ITAA Online Conference Committee members Alessandra Pierini, Cristina Caizzi, and Steff Oates



Transactional Analysis Cumbrian Conference

CALL FOR CONFERENCE WORKSHOP PROPOSALS

Saturday
26 February 2022
Online

"Finding Balance in an Ever-Changing World"

Keynote speaker:
Enid Welford, TSTA

After another brilliant 2021 online conference, to which we welcomed 450 people from 30 countries to "virtual Cumbria," we are planning to meet online again in 2022. We are now inviting proposals for workshops for our 2022 Conference. We would love to hear what this theme inspires or evokes in you that you would like to share with others as a workshop presenter. We will be accepting proposals until Friday 15 October 2021. To submit your proposal, please go to <https://tacumbria.co.uk/workshop-proposals/>

the SCRIPT

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Advertising: Twelfth page: \$50; sixth page: \$100; third page: \$200; half page: \$300; full page: \$400.

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July 2021 TAJ Theme Issue on “Concepts of Cure” Available Online



We are pleased to say that the very interesting theme issue of the *Transactional Analysis Journal* on “Concepts of Cure” is available online at the Taylor & Francis/Routledge website at <https://www.tandfonline.com/toc/rtaj20/current>.

In their “Letter From the Coeditors,” Helen Rowland and Bill Cornell wrote the following:

It is 41 years since the *Transactional Analysis Journal* last dedicated a theme issue to the concept of cure. In 1980 John McNeel was the guest editor of an issue that embraced a broad and comprehensive collection of views on the subject of cure versus progress. John opened his editorial with two questions for the TA practitioner: “What brings about change?” and “What constitutes cure?” He closed it with the observation that although we may never fully have answers to these questions, we should constantly challenge ourselves “to continually

seek the answers” (McNeel, 1980, pp. 94–95). It is with some pride in our community that we can say, 41 years later, that this conversation has continued to deepen as the TA community has embraced the shifting landscape of philosophy, theory, and practice over the past 4 decades.

Change has always been one of the cornerstones of TA practice. People can change, said Berne, and this optimistic and forward-looking sensibility remains at the heart of our work with individuals, groups, systems, and organizations. Berne’s emphasis on change and cure was part of his rebellious challenge to the psychoanalysis of his day, which he framed as only facilitating understanding whereas TA was devoted to change. At the same time, his use of the word “cure” inevitably reflected his grounding as a physician and psychiatrist and perhaps even his training as a psychoanalyst. But the question of what

brings about change remains something of a contested issue and one that we continue to grapple with in depth in our community as the influence of relational, constructivist, and postmodern thought has begun to shape psychological theory and practice. Some might regret that Berne chose to use the word “cure,” invoking as it does a medical model with presuppositions of illness and disease and implying a fixed state of health rather than a dynamic process of ongoing healing, change, and/or growth.

Over the years, the notion that people can change has sometimes been interpreted rather more forcefully as they should change or even must change. This has sometimes led to a practice that might sacrifice other important humanistic principles, such as the right to self-definition or the sharing of power and responsibility. Tudor (2016) reminded us of one of Berne’s typically pithy

metaphors when talking about the function of the permission transaction in bringing about change. Berne (1972) compared the permission to a fishing license, which he noted sardonically simply gives one permission to fish, not compel one to fish! In our eagerness to focus on cure, have we, at times, been guilty of compelling people to fish? Perhaps ... or perhaps our focus on cure has ensured that our work with our clients remains alive, purposeful, and with clear direction.

We expect that our readers, like our authors, will represent a diverse collection of views on this topic. Nonetheless, the concepts of change, growth, and cure—however we choose to interpret the latter—remain fundamental to our joint endeavor in transactional analysis, and as long as this remains a truly joint endeavor between client and practitioner, it will remain a noble and ethically grounded goal.

TAJ Editorial Board Members Sought

The *Transactional Analysis Journal* coeditors are looking for new members to join the editorial board. If you are interested, please email your name, country, and a brief statement about your areas of interest/expertise and your experience in writing and/or editing to TAJ Managing Editor at robinfryer@aol.com by 1 October.

This has proven to be a popular theme issue, and we bring you a broad selection of papers, including, we are happy to say, one from John McNeel. Forty-one years later, in his article “From Cure to Healing: Rethinking the Nature of Cure Within a Redecision Perspective,” he revisits the enduring question of what constitutes cure.

The articles in this issue include:

“From Cure to Healing: Rethinking the Nature of Cure Within a Redecision Perspective” by John R. McNeel

“A Safe Place to Suffer: Psychotherapy With Clients for Whom No Improvement May be Possible” by Alistair Berlin and Robert Brodrick

“Working in the Terrain of the Damaged Self Core” by Edward T. Novak

“Treatment Planning: Pathway to Cure?” by Karen Minikin

“Healing and Change: An Exploration of Options in the Therapy Room” by Anne de Graaf

“The Apple and the Core: Reflections on Ego and Self in the Cure Process” by Antonella Fornaro

“Beej Raksha: Reframing Cure in the Sacred Domain” by Giles Barrow and Anisha Pandya

“Transactional Analysis, Intuition, and Mindfulness: How We Can Learn to Think Martian” by K. Cecilia Waldekranz-Piselli and Cristina Innocenti

“Is It God Who Cures? A Transpersonal Perspective on Script Formation, the Role of Physis, and the ‘Soul Work’ of the Therapeutic Process” by Barbara Clarkson


We are also happy that, as per our agreement with Taylor & Francis/

Routledge, one article from this issue will be made available free online for the next few months. The article chosen from this issue is “A Safe Place to Suffer: Psychotherapy With Clients for Whom No Improvement May be Possible” by Alistair Berlin and Robert Brodrick. Please share the link to this article with your colleagues and others who might be interested as a way of encouraging interest in transactional analysis and the TAJ. The “Letter From the Coeditors” is also available for free access (as indicated by the green check in the lower right corner in the table of contents for this issue online). You will find both at <https://www.tandfonline.com/toc/rtaj20/current>.

References

Berne, E. (1972). *What do you say after you say hello? The psychology of human destiny*. Grove Press.

McNeel, J. (1980). Letter from the guest editor. *Transactional Analysis Journal*, 10(2), 94–95. <https://doi.org/10.1177/036215378001000201>

Tudor, K. (2016). Permission, protection, and potency: The three Ps reconsidered. *Transactional Analysis Journal*, 46(1), 50–62. <https://doi.org/10.1177/0362153715617475> 

TAJ Theme Issue

“Ecological Transactional Analysis”

Coeditors: Giles Barrow, Hayley Marshall, and Sylvie Monin
Deadline: 1 February 2022

Please follow the submission requirements posted [here](#).

Email manuscripts to TAJ Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

AGM Welcome Speech

by Elana Leigh

The following remarks were offered by then ITAA President Elana Leigh at the start of the 2021 Annual General Membership meeting (AGM) held online on 31 July.

A warm welcome to you all and thank you for taking the time to be here. Since I am presiding and calling this meeting to order from Sydney, Australia, I'd like to begin by acknowledging the traditional owners of the land on which we "meet" today and pay my respects to elders past and present without whom we would not be where we are.

We gather today after a long, hard year during which individually and collectively we have had to confront many life issues and struggles. In our global TA community, we have lost many people, whom we remember and appreciate today with a moment of silence. Among those we honor are PK Saru, Jean Illsley Clarke, Jenni Hine, Ken Fogelman, Maria Gilbert, Carlos Welch, Charlotte Christoph-Lemke, K A Sebastian, Ray Quiett, and Gisela Kottwitz.

Moving on, during the AGM, it is our custom for board members to offer

brief reports about their activities. I will begin.

This year has been about loss, collaboration, contact, new beginnings, creativity, and steep learnings.

Our online presence in the form of webinars, focus groups, workshops, examinations, Twitter, and Facebook has made an enormous difference in the quality of contact and the provision of professional development and information to our membership. This speaks to the irony of

COVID, which for us in ITAA could have meant a greater sense of isolation, but because we have shared our screens, we have experienced more connection and cohesion.

Having said this, it was still the case that we missed our annual conference with all its familiar traditions, but we have also been reflecting on how those gatherings were, for most of our members, unaffordable. In fact, many members felt more isolated when they could not attend than



2021 AGM participants



2021 AGM participants

they have felt these last 18 months when all members have been able to log on and make contact, learn, and now even be examined. This experience has highlighted some of the inequities in our system, and because this is the year in which we have actively reclaimed our commitment to being more mindful and active around social, political, and environmental issues, we can never unknow what we now know. We need to keep providing meaningful services to many more members who do not have the luxury of moving around the globe.

This year we sadly said good-bye to Ken, who for so many years was the first contact for our members. He was always solidly there with and for us, and he is deeply missed. We also said farewell to Janet Chin, who, after many years of diligently serving ITAA and IBOC, retired to enjoy this next chapter of her life. She was a joy to have on our staff and

Elana Leigh can be reached at elanaleigh23@gmail.com.

is already missed. We have been fortunate to have Susan Lockwood join us as the ITAA administrator. With her astute eye and enormous energy, she has facilitated us in streamlining our systems, which will be greatly enhanced by our new website. We hope to have that up and running in 6 or so months. And thank God for Robin, who is very much here and continues to be our eyes and ears and solidly holds and guards our history. Under her guidance as managing editor, *The Script* and the *TAJ* are thriving.

On the board, Alex van Oostveen stepped down as the Africa & Middle East representative, and we welcomed Marguerite Sacco as the new rep. She has already brought a strong presence to the board. And sadly, Sumithra, our secretary, stepped down, though we are delighted that Rema has graciously and enthusiastically stepped into the secretary role. When the system flows, we the BOT can dream and create new ways to be that are consistent with what it means to be a professional association in 2021.

You will hear more about the details when BOT members give their individual reports.

The presidents of EATA and ITAA continue to work cooperatively, respecting our differences and strengthening a solid worldwide TA identity. Together we have and will continue to create many areas in which we work together, among them the exploration of how we can bring our values and mission statements in alignment with each other.

Working with this BOT has been a privilege. Everyone carries out their roles with integrity, vision, energy, commitment, and care for each other. It has been quite an experience to be the president in COVID times: no travel perks, no jet lag, and certainly no stress about conference wardrobes as dressing from the waist up has been a breeze. But on a more serious note, it has been a pleasure to preside with this board and to serve and hold you, the membership. I wish us an exciting and safer 2021/2022, during which hopefully we will see many of the seeds we have planted come to fruition under the leadership of Chitra Ravi. I have every confidence she will guide and carry us competently.

The ITAA today is strong in the minds of many, and when we continue to operate from a position of abundance and strength, our numbers consistently grow because of who we are and how we operate. There is so much more I could say, but I will now let the BOT members fill you in on their highlights of achievements.

Following Elana's remarks, each trustee spoke for a few moments about their activities and accomplishments over the last year. These activities were summarized in a graphic prepared by Vice President of

Activities of ITAA Board Members During the Past Year

Chitra Ravi, President-Elect: work alongside/supporting Elana, learn big picture; chair TA World Conference task team; chair guidelines & procedures manual task team; member social engagement committee; coordinator climate change focus group

John Oates, Treasurer: up-to-date financial accounts for the first time in years; transfer IBOC administration to a new administrator reporting to IBOC manager; see ITAA membership reach 1200

Rema Giridhar, Secretary: establish relationships with trustees; minutes/track board actions; set upcoming year's schedule of BOT/EC meetings

Deepak Dhananjaya, VP Development: membership renewals above 1000; partnership program moved to development portfolio and currently under review; form communications committee, which is taking responsibility for the website

Alessandra Pierini, VP Operations: settled into VP role; work with conference committee to organize first ITAA online workshop; looking toward first ITAA online conference; discussions about World TA Conference Manual; work with WTAC

Thorsten Geck, VP Professional Standards: establish online CTA exams in response to pandemic and social justice and ecological responsibility; update T&E Handbook exam chapters; run TSTA mock exam as a "dress rehearsal"; TSTA exams in September

Steff Oates, VP Research and Innovation: establish first *TAJ* virtual special issue and one free download per issue; research country associations that might benefit from the *TAJ* without ITAA losing members; work with SGF on membership grants for those who are financially challenged; pilot project to make *TAJ* articles into podcasts; work with RT&F Liaison committee on *TAJ* translation projects

Marguerite Sacco, Regional Rep, Africa & Middle East: work to create TA community of practice in Africa/Middle East; be the link for needs of regional members and ITAA

Anne Tucker, Regional Rep, AustralNZ: member of task force exploring options for future structure of IBOC/ITAA; ethics committee member

Sylvie Monin, Regional Rep, Europe & Central Asia: part of task force about the future of ITAA and developing a new, inclusive vision; looking at possibilities for making *TAJ* more accessible to wider audience

Prathitha Gangadharan, Regional Rep, Asia-Pacific: follow up with ex-members to rejoin ITAA and getting electronic transmission clearances; part of the guidelines/procedures task team

Michelle Thomé, Regional Rep, Central/South America & Caribbean: chair of first online workshop and organizing/implementing it with young/creative team; updating ITAA communication processes with communications committee; member of ethics committee

Michael Harsh, Regional Rep, North America: help students with scholarships; part of the discussion on leading TA into the future

Research & Innovation Steff Oates and are excerpted briefly to the left here.

The AGM then ended and was followed by the presentation of ITAA's 2021 awards: the Muriel James Living Principles Award to Janice Dowson and the ITAA Service Award to Izumi Kadomoto. Excerpts from their remarks follow here. [📄](#)



Janice Dowson on Receiving the 2021 Muriel James Living Principles Award

I want to thank the ITAA Board of Trustees and the award committee for honoring me with this award. Thank you also to the many members of the ITAA who contribute to the organization in unseen ways. To my nominators, I give my gratitude for this welcome and unexpected gift! I humbly celebrate being honored by these colleagues and dear friends. Robin Fryer, the late Leonard Ghan, Dr. Jim Marcia, and Dr. Cheryl Bradley, to name a few, have been guides and companions in living these principles.

I appreciate Bill Cornell, Charlotte Daellenbach, Thorsten Geck, and the USA TA Association (USATAA) Council for giving me multiple oppor-

tunities to collaborate in clear Adult thinking, compassionate ethics, and joyful creativity as a *TAJ* reviewer, chair of the Professional Standards Committee, and through Project TA 101. To Lucy Freedman, thank you for spearheading my nomination; you truly astonished me with your research into my 40 years of TA activities and my visits with Muriel in her later years!

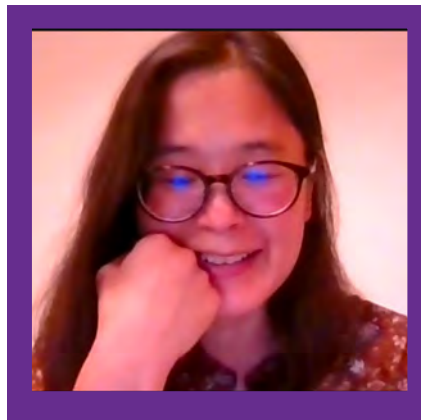
On those visits, I was blessed to receive Muriel's advice and wisdom. I received Elana's email informing me of this award on the evening of Muriel's Valentine's Day birthday, which amazed me and warmed my heart! Muriel and other TA foremothers have modeled these living principles. Muriel's love of learning, Mary Goulding's commitment to social action, and Fanita English's generosity have inspired us in our work on project TA 101. Each of these remarkable women modeled the potency to speak out and take action to make a difference in the world. I also want to thank Carol Solomon, my former TSTA supervisor and friend, for her grace and advice.

The living principles represented by this award guided our fulfillment of Project TA 101. I want to recognize USATAA's IESA Committee members for helping to reignite the social consciousness of TA. Special thanks to Dr. Valerie Batts, Felipe Garcia, Dr. Vann Joines, and the late Dr. Graham Barnes for practicing what you preach and for incorporating social justice applications into the official TA 101. My thanks go to the Eric Berne Fund Committee for demonstrating these living principles at the organizational level.

Finally, I invite each of you to reflect on the ways in which you may apply these living principles of clear Adult thinking, joyful creativity, and com-

passionate ethics in your everyday personal and professional lives.

Since Janice was unable to attend the 31 July ITAA awards ceremony following the 2021 AGM, she recorded a lovely message to be played at the time. Unfortunately, through unfortunate circumstances (though no one's fault), the video was not available at the time. However, it can now be viewed on the ITAA YouTube channel, and we encourage you all to enjoy it at <https://www.youtube.com/watch?v=TcAkuwyTERE>. 🎥



Izumi Kadomoto on Being Honored With the ITAA Service Award

It is a great honor to be an awardee of the ITAA Service Award. I thank ITAA President Elana Leigh, the colleagues who worked with me on the board and in committee, Janet Chin and Ken Fogelman in the ITAA office, and Robin Fryer, my mentor in dedicating my service to the ITAA.

I never imagined this happening, even though the process of learning TA has included many surprising experiences. Seven years ago, the invitation to run for ITAA Vice President Development was unexpected, as was my quickly deciding to accept it.

I am grateful that I was able to work with people I deeply respected. Working for the ITAA meant that I could give back to the organization in thanks for the uncountable gifts and strokes I have been given. Since joining the ITAA in the mid 1990s, I always felt I owed the ITAA because it offered me so much in the way of knowledge, experience, colleagues, and the best friends and mentors. For me, working for the ITAA was a stroke exchange with the living organization.

My first official task was to find a new web developer for the ITAA because we were spending too much for website maintenance. The most serious problem was that I was a complete amateur in managing the website and online communications. Every night I wandered around many companys' websites across the world to find our possible new partner. The TA philosophy, decision model, and open communications helped me a great deal. And now Deepak and Michelli are successfully managing the process of online communications, which in this pandemic era has enabled us to connect online more. It is wonderful to be able to participate in online workshops, seminars, and exams.

In the culture of Buddhism there is a phrase: *Ga-ho-jin*. This means "I met a true part of myself through much intimate working and many relationships." I was lucky to be able to practice this by working with/for the ITAA. If you feel you live far from the center of the ITAA, don't hesitate to join a committee, board, or working group in the ITAA. It will reward you much more than you give. 🎥

Janice Dowson can be reached at info@touchstonecounseling.ca and Izumi Kadomoto can be reached at izumikadomoto@nifty.com



The Space Between: Disconnection and Connection

Explore the transitional space where something has been left behind, but has not yet fully become something new.

The space between in all its forms; therapeutic relationships, supervision, personal development and more.

A warm, inclusive welcome to all therapy practitioners, counsellors, psychologists and therapists of any persuasion.

We especially welcome TA practitioners from all fields. Just £25 for the day

North East TA Conference

Online 6 November 2021

9.30am - 5.00pm UK Time

For more information go to www.netaconf.wordpress.com



ONLINE GROUPS for 2021 - 2022

Online and international - based in UK

Advanced Training Group

Taking place on 8 Saturdays during the academic year, our Online Advanced Training Group is for those who have completed formal training and are on the journey towards exam preparation:

Are you looking to complete the hours requirements for the CTA exam? Do you have written work to complete and would like supervision or further theory input within a group setting?

The Advanced Training Group meets 9.00am - 1.00pm UK time, Content may include elements of supervision, discussion, theory exploration, sharing articles - the agenda is set by the group.

About the trainers

Beren Aldridge PTSTA(P) and Michelle Hyams-Ssekasi PTSTA(P), are experienced therapists and supervisors and are core trainers on our clinical training programme.

Membership of the Group is for a min of 5 dates during the year. Cost £300 for 5 days. £60 for each additional date. 25 Sept 2021, 23 Oct, 27 Nov, 22 Jan 2022, 12 Feb, 9 Apr, 7 May, 8 Jun.

Exam Preparation Group

Taking place on 10 days during the year, our Exam Preparation Group will support you preparing for your CTA written and oral exams. Through individually tailored development activities such as discussions, planning or writing sections of the case study and mock exams, we will give you the understanding you need for both the written and oral exam processes.

About the trainers

Bev Gibbons PTSTA(P) and Andy Williams TSTA(P), are experienced therapists and supervisors who have successfully supervised candidates through both the CTA written and oral exam process.

Membership of the Group is for a min of 5 dates during the year. £375 for 5 days. £75 for each additional date. Dates: Sat 4 Sept 2021, Fri 15 Oct, Sat 27 Nov, Fri 10 Dec, Sat 8 Jan 2022, Fri 11 Feb, Sat 19 Mar, Fri 8 Apr, Sat 7 May, Fri 10 Jun. All dates are 9.00am - 4.00pm UK time.

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A Gentle Leeway: Developing My Ethical Reasoning

by Anne Tucker

Each member of the ethics committee has agreed to write a short article that stimulates us all, individually and as an ITAA membership, to think and discuss what it really means to be ethical. Here I offer mine.

The Value and Constraints of a Religious Framework

The extended family community I grew up in had strong fundamental Christian values (Baptist) and was involved in all aspects of church life. I was expected to be responsible and reliable because, as my grandmother told me, “You are the oldest grandchild and need to set a good example for your cousins.” No wonder I developed strong beliefs about how I should live my life and, as a byline, how others should live theirs! I didn’t consider it to be a heavy load, it was just the way it was.

These clear boundaries gave me a good sense of security. As well, I received loads of unconditional love and support. I have fond memories of my fun-loving grandfather, who could be downright mischievous, and of my father and uncles, who loved to pull pranks as well as

appropriately show affection to each other. Religion taught me rules about how I was expected to behave, clear “shoulds” and “should nots.”

Facing the Limitations

What I didn’t learn in my younger years was how to challenge ideas and rigorously debate options. Having clear rules made life safe. I knew what to do, think, and believe, and the perimeters were clearly defined. In our extended family, the motto was if you worked hard, were honest and trustworthy, God would be on your side.

Then along came life with all its possibilities, challenges, and choices. I experienced failures, wins, love, disappointments, and opportunities. I discovered I loathed vulnerability, so working hard, doing things really well, and being strong helped protect me from too many failures. It was important that I knew the answers and had them at my fingertips as quickly as possible. One day, however, during the first of my TSTA exams, that motto completely failed me, and I felt naked, unraveled, bereft, and absolutely hating my vulnerability.



Reassessing My Moral Compass

It took me 18 months to find my way through the mire and to learn the true value of the experience. Having clarity and certainty is useful, but I discovered the relief of not having all the answers at my fingertips, of being able to say “I don’t know,” of being vulnerable. I learned it was absolutely OK to ask clearly for what I want or need. As a recent radio interviewee stated, “Only in discomfort do we find the real self.” I took the time to reassess my moral compass, to ask probing questions, to reevaluate the principles I wanted to live by instead of just following the “rules.” I discovered a newfound enjoyment in being free of expectations unless I chose to take on those

responsibilities, to ask and accept assistance graciously as well as politely decline when I didn't ask for or wish it.

A More Compassionate and Gentle Way to Live

From then on I started to consider: I can be gentle with myself and have leeway; I can ask questions instead of having to obey rules; if there isn't a rule that addresses a particular situation, we can debate the issue using our TA philosophy to guide us; if a person has a different interpretation of a rule we can discuss—then we don't have to even consider that someone wins and the other person

loses. Wow, how healthy and ethical would that be?

My thoughts continue: When we exchange ideas, we have the opportunity to understand each other. When we understand we develop empathy. For me this enables the opportunity for healing and a chance for authentic interchange. Berne introduced the idea of autonomy. (And I'm intrigued that he didn't write much about it.) Could it be that attaining true intimacy means allowing ourselves to be vulnerable? And does this level of authenticity mean we have humility and trust in ourselves first? And when we are

in this special place, does it mean that others will want to join us in this trusting relationship so we can be truly authentic, having fun, being serious, growing, healing and all the other things that make this experience rich?

Those are some of my thoughts about ethics. We would love to hear yours.

The ITAA Ethics Committee cochairs are Anne de Graaf and Jan Grant. The other committee members are Anne Tucker, Trudi Newton, Tomoko Abe, Pierre Sebregts, and Michelle Thomé. To contact the committee, write Anne de Graaf at anne@rondheel.nl. 📧

Jean Illsley Clarke Online Memorial

On Sunday, 26 September, at 13:00 UTC, friends and colleagues of Jean Clarke are holding an online celebration of her life, work, and legacy. This will be a time for everyone who knew and loved Jean, or feels impacted by her ideas, to share stories, learnings, and memories together. If you would like to be included, please contact Trudi Newton at trudi.newton@btinternet.com, and she will send you the Zoom link. And please pass this on to anyone who might want to be there and might not see this notice.



Keep Your Addresses Updated to Receive the 2021 TAJ Bound Volume

Remember to keep your address current in the ITAA database so you are on the list to receive the combined yearly, bound hard copy of the *Transactional Analysis Journal* if you are eligible based on your membership category. It is important for members to keep their profiles updated to reflect any changes in their mailing address, even if their billing address remains the same. To facilitate this process, we have created the option of updating two addresses in editing your profile: your mailing address and your billing address. This provides a way to update these addresses separately or to keep one or both the same. Please check your account online and verify that both addresses shown are currently accurate. This will help us to make sure that you receive your hard copy of the 2021 bound TAJ without any disruption.

Award Nominations Sought

Eric Berne Memorial Award

Deadline: 1 December 2021

Send EBMA nominations to committee chair Lis Heath at lis.heath@gmail.com

Hedges Capers Humanitarian Award ❖ Muriel James Living Principles Award ❖ ITAA Service Award ❖ Goulding Social Justice Award

Deadline: 1 January 2022

Send nominations for the Capers, James, Goulding, and Service Awards to ITAA Secretary Rema K Giridhar at rema.k.giridhar@gmail.com

See the ITAA website at www.itaaworld.org/itaa-awards or contact the ITAA at info@itaaworld.org for details on making nominations for these awards.

Professional Standards Committee Update About TSTA Exams


by Giles Barrow and Karen Pratt, PSC Cochairs

We want to provide an update on recent developments concerning mutual recognition of the Teaching and Supervising Transactional Analyst (TSTA) examinations. Many members will already know that this September, the International Board of Certification (IBOC) will offer all three components of the exam following a successful mock exam process earlier this year. At the July meeting of TAWCS (TA World Council of Standards, where EATA/PTSC and ITAA/IBOC meet to share information about certification), the EATA Professional Training Standards Committee (PTSC) informed the ITAA that they would uphold mutual recognition regarding the theory, ethics, and organization (TOE) and supervision sections of the exam. However, it was also made clear that following the evaluation of their own online experience, PTSC will not be offering the teaching exam online and will not accept the online teaching section of the IBOC certification process without an additional on-site teaching assessment. In the

interest of clear communication, we share the statement from PTSC Chair Sylvie Rossi:

Following the several meetings and exchanges that have been taking place throughout the last 12 months and the mock exams that were conducted independently by EATA and ITAA, the decision has been that EATA will continue to be developing online exams as well as on-site exams during the next few months; that EATA will continue for the time being to carry out online CTA exams and to hold TSTA exams online in part one TOE (theory, organizations, and ethics). EATA will also be holding supervision exams online, with some adjustments, specifically for the online format, and with some changes for both formats online and on-site (with the latter becoming a requirement in 2022). Information concerning the supervision part of the exam will be available as of October 2021. The teaching part of the TSTA exam will require, together with the online format, a further teaching part on-site as online teaching skills are different

from teaching skills “off-line” in presence. Candidates will have several possible options available to comply with this requirement. On the basis of the mutual recognition agreement, the TSTA exams done through ITAA will be recognized by EATA in its three parts, with the requirement, for candidates, in the teaching part, to have a further on-site teaching segment taught, according to the different options offered to the candidates by EATA. The possible options will be indicated, in all details, by the end of October 2021.

The implications of EATA’s decision is that the TOE and supervision exams certified by IBOC will be mutually recognized by PTSC/EATA. The teaching section certified by ITAA/IBOC will not be recognized by EATA/PTSC until an additional requirement is met. For those seeking mutual certification of their teaching examination, PTSC will publish the details in October 2021, and members are encouraged to make contact directly with PTSC for further details. Meanwhile, IBOC will continue to fully recognize all PTSC/EATA online examinations. 

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