#SCRIPT



VOL. 46 NO. 7 JULY 2016

IN THIS ISSUE

2016 James and Service Awards Announced

Members' Forum
4

What Does Social Responsibility Mean to Us? 7

> Keeping In Touch 10

Links to EBMA Articles Now Available 11

Amended Bylaws for Member Comment 11

ITAA AWARDS

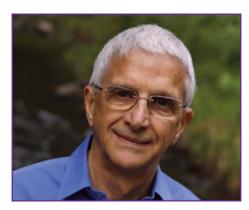
2016 ITAA James and Service Awards Announced



John Heath Honored With First ITAA Service Award

e are pleased to announce that John Heath has been given the first ITAA Service Award for his long-standing and significant contributions to the association.

The award was established to give recognition to ITAA members who have made a significant contribution to the advancement of the ITAA and to its development as an organization that promotes TA internationally, supports its members, and offers a social benefit to the public in accordance with its vision. Honorees will be recognized for their commitment, the nature of their service, and the "I'm OK, You're OK" manner in which they conduct them-



Ken Mellor Receives
2016 Muriel James
Award

ith pleasure, we announce that Ken Mellor has been honored with the 2016 Muriel James Living Principles Award. Established to recognize members of the ITAA who have advanced the growth of transactional analysis by personal example as well as by contributions of an exceptional and lasting nature, the honoree will have demonstrated commitment, concern, and caring for both individuals and the world community and will be active in the international advancement of the principles of transactional analysis either professionally or personally. Ken clearly demonstrates all of that and more with the significant, enduring con-

John Heath continued from page 1

selves in the process of offering that service. The nominee will have demonstrated a generous spirit of service, responsibility, and effectiveness in his or her contribution to the life of the ITAA. John clearly meets these criteria in exceptional ways.

The nomination group was headed by Susan George (India), and other nominators included Chie Shigeta (Japan), Karen Pratt (South Africa), Marco Mazzetti (Italy), Milly De Micheli (Italy), Mohanraj I A (India), Rhae Hooper (Australia), Steff Oates (United Kingdom), and Vann Joines (USA). We excerpt and paraphrase here some of their nomination statement.

We nominate John Heath (UK), past President of the ITAA, to receive the first ITAA Service Award. John's voluntary work for the ITAA began in 2004 as conference chair. He has

SCRIPT

Newsletter of the International Transactional Analysis Association

5932 Corte Cerritos Pleasanton, CA 94566-5880, USA

Fax: 925-600-8112 Email: info@itaaworld.org Website: www.itaaworld.org

Editors: Laurie Hawkes and Steff Oates Managing Editor: Robin Fryer Desktop Publishing: lockwood design

Deadlines—15th of the month prior to the month of publication (e.g., 15 July for the August issue)

Advertising: Twelfth page: \$50; sixth page: \$100; third page: \$200; half page: \$300; full page: \$400. Publication of advertising in The Script does not imply endorsement by the newsletter, the editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly by the International Transactional Analysis Association. For information on membership, visit www.itaaworld.org or contact the ITAA at the above address. © 2016 International Transactional Analysis Association, Inc.

been a member of the Board of Trustees since 2007, first as the European representative, then as vice president of operations, and from 2010 as president.

John's contribution to the survival and revival of the ITAA is outstanding.

During the time John has been involved in an official capacity, the association has gone through major changes. He agreed to take on the role of president when we faced a leadership crisis due to the sudden resignation of the then president during the board meeting in Montreal in 2010. That was also a time when the very relevance of the ITAA was in question. Many doomsday predictors said it was time for the ITAA to close shop, that it was irrelevant in the changing world of psychology and, in particular, the TA world. But John believed in the philosophy, principles, theory, and practice of TA and saw the relevance of the ITAA in filling the need for those individual members who seek international networking. Even though he became president by default, he insisted on the need for a popular mandate from the membership in order to function as an effective leader and carry out needed reforms. He consented to an extended tenure for 5 years with the consent of the membership through a ballot.

John led the ITAA through several important modernizing initiatives and hard decisions. Under his leadership, *The Script* newsletter became digital, the necessary steps were taken to contract with a major publishing house (SAGE Publications) to produce and market the *TAJ* worldwide, arrangements were made to close the ITAA office to reduce administrative costs while retaining staff and services, the ITAA website was revamped and a social media

presence developed, the use of telecommunications technology was instituted to facilitate more frequent and efficient board and committee meetings, membership categories were revised and a student membership established, the Articles of Incorporation were revised and the process of updating the bylaws was begun, and during John's term, the ITAA saw profits for the first time in many years. Perhaps his most significant contribution was in managing the closure of the erstwhile Training and Certification Council and bringing training and certification back into the fold of the ITAA while retaining its tax exempt status.

John had a passionate vision for the ITAA and showed tactical acumen in not losing sight of the larger picture even when smaller issues required time and energy. He always shared successes with other board members and staff and with humility acknowledged each person's contribution.

INTRODUCE YOURSELF TO TRANSACTIONAL ANALYSIS

A Primer of Classical TA by Leonard P. Campos, Ph.D.

NEW MILLENNIAL EDITION (© 2015) IS NOW AVAILABLE

March 2016 Order Form and Bulk Price List Available from:

Sacramento Institute for Redecision Therapy 1606 Oakview Drive Roseville, CA 95661

or

www.TA-doctor.com

Ken Mellor continued from page 1

tributions he has made to transactional analysis both in the advancement of theory and in the integrity displayed in his life and practice.

The nominating group for this award included Adrienne Lee (UK) in the lead supported by Steff Oates (UK) and Enid Welford (UK).We excerpt and paraphrase here some of their comments.

Ken originally trained with the Gouldings and Jacqui Schiff and has written or cowritten many *Transactional Analysis Journal* articles on discounting, redefining, impasses, and reparenting as well as several books on parenting and spiritual develop-

"In all his work Ken emphasizes health, well-being, joyful creativity, authenticity, integrity, and demonstrates that we need to live these principles, not just promote them."

ment. In 1980 he was the cowinner of the Eric Berne Memorial Scientific Award for his work on discounting and redefining. His work remains relevant, current, and is widely taught in TA training and TA master's degree programs. His TAJ article on suicide (Mellor, 1979) emphasized the need to contract for a healthy life rather than focus on closing escape hatches and exemplifies his deep commitment to life and his focus on what needs to be positively manifested. He has continued to reflect on and expand his theory, for example, by adding to discounting the dimension of personal responsibility and accounting. He also wrote a superb article on "Autonomy and Integrity" in 2008 that has brought a spiritual dimension to TA theory that is grounded, scholarly, and profound but is presented with clarity and simplicity so his ideas are accessible to all. Ken has developed theory that is congruent with the living principles of OKness and healthy growth and expansion. He continues to teach, write, and expand his ideas, which reflects only a small part of Ken's contribution to transactional analysis and the TA community.

In the 1970s Ken became interested in spiritual growth and meditation and worked for many years with spiritual teachers and Indian gurus. He became intrigued by how he and others could open themselves to life, union, love, and oneness and has found ways to make this available to others by developing theory, exercises, and meditations. He can take complex processes and interpret or translate them so that they become understandable and usable. In all his work he emphasizes health, well-being, joyful creativity, authenticity, integrity, and demonstrates that we need to live these principles, not just promote them. He says, in many ways, what you focus on is what you manifest and what you become. Combining these principles with TA has enlivened our theory, understanding, and practice.

Ken is respectful of TA theory and shows how to integrate the established TA canon with creative, authentic living and spiritual values. He works in Australia and New Zealand and regularly comes to Europe to run workshops. In those he demonstrates insight, consistently clear values of honesty and integrity, and care for others. He compassionately connects with and supports people to actualize themselves to attain their full potential. Many people, when overwhelmed with illness, birth, death, and trauma, have turned to Ken for support.

He is always generous and committed to them in their learning, acceptance, growth, and transformation. He does this with consistency of contact by telephone or email, offering insight, validation, loving support, practical advice, exercises, meditation, and, most of all, his grounded wisdom.

Ken has founded and developed, with his wife Elizabeth, an international community called "The Awakening Network." They generously offer information, reading, practical ways to live healthy and valuable lives, meditation, training, and support in all aspects of life, including parenting and health. Their network has reached many thousands of people all over the world.

Ken has not only taught and practiced the principles of OKness in all aspects of his life and teaching, but he has also focused on the application of these principles to the wider world community and our planet. He promotes the principle of Oneness that invites a process of unifying the conflicting forces in ourselves, others, and the world and so expands our responsibility and joyous living.

References

Mellor, K. (1979). Suicide: Being killed, killing, and dying. Transactional Analysis Journal, 9, 182-188.

Mellor, K. (2008). Autonomy with integrity. Transactional Analysis Journal, 38, 182-199. §

TAJ Theme Issues

"Gender, Sexuality, & Identity" Coeditors: Brad McLean and Bill Cornell Deadline: 1 January 2017

Submission requirements here. Email manuscripts to robinfryer@aol.com.

From Bill Cornell:

Although I can appreciate the good intentions that motivated the writing and signing of the "TA Manifesto: People Don't Kill People" (June 2016 Script), I found myself in fundamental disagreement with the premises that seem to underlie the document and wish to offer a personal reply.

I was struck by the opening paragraph's statement that "We ... share great worries about the recent actions of violence all over the world," which was followed by a telling selection of cities that have experienced highly publicized episodes of terrorist attacks. Why, I wondered, were Mosul, Baghdad, Niger, Gaza, Sana'a, Aleppo, Falluja, Kabul, Karachi—cities and regions that have lived with near constant governmental and terrorist violence for many years—not on this list? The 2015 Global Terrorism Index lists the following statistics in 2014 for terrorist attacks: Baghdad 2,454, Mosul 510, Maiduguri 431, Karachi 374, Peshawar 304, Kabul 206, Kano 184, Donetsk 102, and the list goes on.

"We are afraid," announces the Manifesto. This "we" does not speak for me. I am not afraid. If I were living in Gaza, Mosul, Donetsk, Baghdad, or Maiduguri (to list but a few places that face violence, dislocation, and depersonalization on an

almost daily basis), I would be afraid—terrified, in fact, bitter, and perhaps murderous.

The Manifesto states, "We deliberately do not wish to talk about us and them." But then the next paragraph says, "We, for instance, are aware that any other human being we meet, who has the (imagined) characteristics of someone from the Middle East or northern Africa, is easily seen as a potential threat." Of all the examples that might have been chosen, why this one? What does it suggest? WE-THEM (the African or the Muslim). The Manifesto claims, "We don't want that," and vet that is the attitude embedded in the way it has been written. What if that sentence had read something like, "Imagine a black person walking through a white neighborhood seemingly invisible to those he passes, feeling the decades of racial prejudice embodied in this being ignored, being unseen." Or, "Imagine a woman dressed in a hijab or burka walking down a street in Paris or Vienna (among others), experiencing the stares of the passersby, feeling judged or threatened for daring to give public evidence of her culture and traditions."

More than anything else, I object to framing the violence that is infecting so many regions of the world as a "game." To frame violence in this way shows profound disregard for the very real impact and consequences of the total destruction of peoples' ways of life, dignity, and

future. It disregards or minimizes the impact of poverty, the forces of the silenced transgenerational losses and deaths, the reality of psychotic and psychopathic "leadership." If Berne's theory of games is at all relevant here, it is in what he said about third-degree games, which are not changed by awareness or exposing the game. At this level of loss, deprivation, and dislocation, violence is a likely response. This is a level of deprivation and consequent defenses that are changed through action. DOING something means taking actions to restore peoples' safety, homes, work, income, and the possibility of rebuilding a future. DOING something means doing whatever one can to confront and resist our governments, which more than any other single force are responsible for the ongoing slaughter of innocents.

In reading through the Global Terrorism Index (2015) I quoted earlier, I came across a stunning statement: "The global homicide rate is 13 times the global terrorism rate, with 437,000 people dying from homicides compared to 32,685 from terrorism" (p. 32). It seems that people do indeed kill people—on a painfully regular basis.

Bill Cornell, TSTA (psychotherapy), can be reached at wfcornell@gmail.com .

Reference

Institute for Economics & Peace. (2015). Global terrorism index. Retrieved from http://economicsandpeace.org/wp-content/uploads/2015/11/Global-Terrorism-Index-2015.pdf

From Julie Hay:

The publication of the Manifesto in the June 2016 issue of The Script has prompted me to invite colleagues to consider the way in which transactional analysis theory is being applied within that document. In 2005, Graham Barnes (2004) was given the Eric Berne Memorial Award for pointing out that Berne believed that homosexuality was a game, with no account taken of the reality of the consequences of the cultural context. Aiken (1976) pointed out that telling gay and lesbian people they were playing "Kick me" when they were harassed was like saying the Jews were playing a game with Hitler. I perceive unfortunate echoes of Berne in the way I read the Manifesto to say that all refugees and all politicians are playing games.

I also believe that the Bystander role is being misinterpreted. Jacobs (1987) was clearly not referring to individuals who were remote from events when he wrote that

Bystanders watch others eat and are initially outside the development of Master/Follower. They are usually within the same system, be it national, religious or social. ... Often Bystanders are converted and become Followers; others feign conversion in order to avoid persecution. (p. 62)

Clarkson (1987) maintained that link to the actual events when she wrote:

A Bystander is considered to be a person who does not become actively involved in a situation where someone else requires help. In the literature, the concept of the bystander is consistently applied to describe the behavior of people in emergencies such as the Kitty Genovese murder, where several people

witnessed a violent assault without any effective intervention (Latan & Darley, 1970). Where one or more people are in danger, Bystanders therefore could, by taking some form of action, affect the outcome of the situation even if they were not able to avert it. Thus, by definition, anyone who becomes actively involved in a critical situation, whether we describe this choice as pathological (script bound) or autonomous, is not a Bystander. (p. 82).

It is interesting to note that Clarkson shifted from Jacobs's focus on totalitarian cultures to events in which the so-called bystander is still actually present and could directly intervene. It is also significant that the accuracy of the Kitty Genovese story she quoted was subsequently questioned as a myth (Levine, Collins, & Manning, 2007). Thus, I would caution readers not only to have their own interpretations but to check the facts on which their interpretations are based.

We also risk presenting transactional analysis as a pseudoreligion that can somehow provide the solutions to complex problems that non-TA people struggle with, now and for centuries past. In his Eric Berne Memorial Award speech, Jacobs (1997) wrote:

The last idea I'd like to discuss briefly is the relationship between theory and ideology. Theories are developed to explain what we perceive. They remain theories until they are proved correct. What happens often is that in our haste to make the world a better place we parentize theory, make it a rule, a morality, the way things really are. And then we require that everyone adhere to this theory. When this happens we

often exclude criticism of it; we exclude Adult information. (p. 13).

Writing of the aftermath of the Oklahoma City bombing, Allen and Allen (1998) wrote:

While some people will complete drama triangles in their head, no matter how much we work to avoid this eventuality. would-be helpers can consciously and deliberately work to decrease the intensity and frequency of such phenomena. ... We humans seem to need some larger story to make sense of our experiences and into which we can integrate our own personal stories. Since the same event can fit into several different scenarios, each leading to different perceptions, explanations, and courses of action, the role of bystanders and especially of public officials and the media in creating these scenarios is especially worthy of careful study. It is important to support those that are more likely to lead to recovery and healing rather than those that are likely to lead to more suffering. It is troublesome, yet in a way liberating, to realize that any of several different scenarios may work equally well. They do not have to be truly valid, only feasible and meaningful. (pp. 207-208)

For those who have not seen it, the Manifesto is published here, where comments are now invited, and the challenge to it, along with comments received, is published here.

Julie Hay, TSTA (organizational, psychotherapy, educational), can be reached at Julie@juliehay.org.

continued on page 6

Allen, J. R., & Allen, B. A. (1998). Transactional analysis notes from Oklahoma City: After the bombing. *Transactional Analysis Journal*, 28, 202-209.

Barnes, G. (2004). Homosexuality in the first three decades of transactional analysis: A study of theory in the practice of transactional analysis psychotherapy. Transactional Analysis Journal, 34, 126-155.

Clarkson, P. (1987). The bystander role. Transactional Analysis Journal, 17, 82-87. Jacobs, A. (1987). Autocratic power. Transactional Analysis Journal, 17, 59-71. Jacobs, A. (1997). Eric Berne memorial award speech: Transactional analysis and social applications. Transactional Analysis Journal, 27, 11-14.

Levine, R. M., Collins, A., & Manning, R. (2007). The Kitty Genovese murder and the social psychology of helping: The parable of the 38 witnesses. *American Psychologist*, 62(6), 555-562.

Editors' Note: We appreciate the efforts of individual members to address important social needs and issues of social responsibility, and the ITAA is not in a position to support or endorse specific activities or initiatives. We recognize that ideas vary about how to best make a positive impact in the world and that talking about the difficult, often wrenching realities we face worldwide can raise strong feelings and

New Postal Address for the ITAA

Effective 1 June, the new postal address for the ITAA is 5932 Corte Cerritos, Pleasanton, CA 94566-5880, USA.

Mail to the old address will continue to be forwarded until 1 August.

opinions. We are interested in ways that transaction analysts are working to positively impact our world and welcome news of initiatives and/or ideas. We view The Script as a place in which a variety of views can be expressed.

Request for Research Subjects

Dear Coeditors:

I am a transactional analysis psychotherapist studying for a PhD at The University of Salford, United Kingdom. My research is on TA psychotherapy as a suitable treatment option for perinatal psychological distress (which I define as depression, stress, and/or anxiety). I am looking for TA psychotherapists who work with women suffering from any of these three conditions who might want to become part of my research.

I need a maximum of 15 women participants (clients) who have had TA psychotherapy or who are in the process of, or about to begin, who would be willing to be interviewed by me at the end of their therapy.

Your participation would require you to propose my research to your clients and to give the relevant paperwork to those clients who have expressed an interest in participating. Your work with your client should not change in any way. Also, your client's confidentiality is paramount, and the only person who would know that you are working with her would be me because I will perform the interview with your client. All data I collect from your client will be anonymized to ensure confidentiality. The interview is not designed to be onerous and should take around 1-1.5 hours.

At present, it seems that few psychotherapists see this particular client group, and there is no research at present on TA as a suitable treatment option. There is also little research, per se, about this condition, so my project will help to enhance our knowledge of the condition as well as to address the gap in TA research.

If you are willing to be a part of this research, please contact me: Emma Haynes, by email at emmafhaynes@aol.com or by phone at (+44) 07771 518699.

Editors' Note: We are pleased to support research in transactional analysis but are not in a position to endorse specific research projects. §



South Asian Transactional Analysis Conference

Hosted by Ain o Salish Kendra (ASK)

2-4 September 2016 Dhaka, Bangladesh

For more information, visit the ASK website: www.askbd.org/ask/ IBOC Examinations: 31 August - 1 September 2016

The annual ITAA Board of Trustees meeting and annual general meetings of the ITAA and the SAATA will occur in conjunction with the conference.

What Does Social Responsibility Mean to Us?

by Leilani Mitchell, Karen Minikin, and Briony Nicholls

e are three transactional analysts with different cultural, social, and political backgrounds, and in this article we reflect on what social responsibility means to us personally and professionally.



A Call for Action: Leilani Mitchell

Our life choices are influenced by our frame of reference (Schiff, 1975). I come from a family of Quakers, pacifists, conscientious objectors, and educators. As a child I lived in a communal house and also experienced homelessness, deprivation, and poverty. In addition, I attended a progressive school that offered a rich experience with a wide variety of cultures, belief systems, and lifestyle choices.

I view social responsibility as applying to the wider society, with some

people choosing to contribute positively and actively in the face of injustice, abuse, discrimination, and/or neglect. Wider society has a range of meanings. Wilber (1996) wrote about our different areas of focus: individual, group, community, and world. Humans often create an us and a them and then develop narratives to support that distinction. This includes nationality, belief system, sexual orientation, socioeconomic factors, skin color, ethnicity, psychological orientation, and so on. This sense of who belongs and who does not is reflected in research. For instance, Levine, Prosser, Evans, and Reicher (2005) showed that we are more likely to help those we identify as being from our core group.

The codes of ethics used in our TA community refer to the Universal Declaration of Human Rights (United Nations General Assembly, 1948) and invite us to take social responsibility. Specifically, the ITAA code states that "the practitioner will think in terms of the wider wellbeing of the community as well as that of the individual" and "the practitioner will be aware and active in the life of his/her community"

(International Transactional Analysis Association, 2014, pp. 4, 6).

So where are the boundaries to our human community and where does social responsibility end? I think is it easy for us to discount what is going on in the world because we may feel powerless. Seeing others in need often triggers script issues around scarcity and survival. We feel tension between greed, personal preservation, and social responsibility, and we may discount to avoid discomfort, confrontation, or conflict.

Bystander research suggests that when we are in a group, we are less likely to help, confront, or act (Darley & Latane, 1968), but if others are taking action, we are more likely to as well. I strongly believe that we, as transactional analysts, have a responsibility to account for, engage in, and take action. We can make a difference.

Leilani Mitchell, TSTA (psychotherapy), is director of The Link Centre, a TA training centre in Sussex, UK. She is past chair of UKATA and actively involved in responding to the current refugee crisis. She can be reached at leilani@thelinkcentre.co.uk.

continued on page 8





The Personal Is the Political: Karen Minikin

"Racism is not created solely out of external societal structures nor is it purely psychic phenomenon, but rather both shape and call upon each other in the service of different functions" (Kevel, 2016, p. 3).

When I turned four, my parents moved to Nigeria at the start of the Biafran war. War was new to me but not to my parents. My father was an adolescent during the violent partition of India in 1947, and my mother was a young child during World War II in England. This family history contributes to my understanding that although many wars are complex to understand, all of them involve the expression of hatred and the intolerance of difference.

As Leilani pointed out, it is easier to empathize with those who seem like us. Alongside our capacity to ignore suffering, we have the potential to be aggressive toward people who are different. In my life today in semirural England, I am regularly confronted by the racism openly expressed to me about refugees and other migrants. Having brown skin, I experience these as covert personal attacks on me as well as on migrants.

It has been difficult for me to think and talk about hatred. As an educated heterosexual, I am part of a dominant social group, and as a woman of color I am part of a marginalized group. It has been important to try to make sense of conscious and unconscious discrimination and oppression outside as well as inside of myself. This includes facing my capacity to feel superior, inferior, vulnerable, afraid, and angry and to recognize my capacity to react in hate. I think the personal is the political because it is challenging to acknowledge and process parts of us about which we feel guilty or ashamed. Yet without doing so, we risk being at the mercy of our shadow sides. We need to "develop an expansive, integrating, and pluralistic democratic mind—and heart" (Minikin & Tudor, 2015, p. 275).

Without personal commitment, intolerance and acts of hate will continue. Engaging with difference is a personal commitment and an emotional and intellectual process of developing consciousness about our social complexities and the dynamics of oppression in society, ourselves, our consulting rooms, our personal lives, and our professional communities.

Karen Minikin, PTSTA (psychotherapy), works as a psychotherapist, supervisor, and trainer and has written about the impact of social identity in clinical work. She is also chair of the UKATA's Diversity and Social Responsibility Committee. She can be reached by email at karen@psychotherapy-alliance.co.uk.

"Bystander research suggests that when we are in a group, we are less likely to help, confront, or act (Darley & Latane, 1968), but if others are taking action, we are more likely to as well. I strongly believe that we, as transactional analysts, have a responsibility to account for, engage in, and take action. We can make a difference."



I Ain't Gonna Study War No More: Briony Nicholls

Recently, Stuthridge (2016) wrote about John McNeel asking Bob Goulding a question: "'Why do you do psychotherapy?' He answered, 'I believe it is the most effective way to end war in the world someday'" (p. 83). Every generation must find a way to respond to war and its consequences, which has led me to wonder how I, as a psychotherapist and trainer, might contribute to Goulding's wonderful aspiration.

The training of transactional analysis psychotherapists is long and exacting, which many trainees struggle with and complain about. As a trainer, I encourage them to engage with the process, not as a series of hoops to be jumped through but as developing ways of being that will allow them to be robust, effective agents of change. So I reframe questions about training requirements with requests that trainees look at the difficult, deep work that they are going to undertake and consider how best to ground themselves in it.

Supervision ensures that we hold a reflective space for ourselves and our clients. Training, at its best, becomes a forum in which theory meets practice, and the ethical and social implications of both can be held up to scrutiny by a group of people striving to work in an "I'm OK, You're OK" way. The training group and I as the trainer develop and learn from each

other. I hope this drives social change as we communicate and hear our responses to each other, as we experience ruptures and work to manage and heal those. I hope this helps us "mind the gaps" (Eusden, 2011) in all our practices as we consider the ethics of our relationships and of the work in which we are engaged.

Transactional analysis has always been interested in the interpersonal as well as the intrapsychic and in the social construction of our internal worlds. My hope is that by focusing on more than training hoops, we will be training psychotherapists who engage with their social and cultural contexts as well as with individual clients and groups, transactional analysts who will act to alleviate both internal and external oppression

Briony Nicholls, PTSTA (psychotherapy), is a psychotherapist and supervisor in private practice in Oxford and lead tutor for TA courses at Iron Mill College in Exeter, UK. She can be reached at briony.nicholls@ntlworld.com.

References

Darley, J. M., & Latane, B. (1968). Bystander intervention in emergencies: Diffusion of responsibility. *Journal of Personality and Social Psychology*, 8(4), 377-383.

Eusden, S. (2011). Minding the gap: Ethical considerations for therapeutic engagement. Transactional Analysis Journal, 41, 101-113.

International Transactional Analysis Association. (2014). ITAA code of ethical conduct and ITAA ethics procedures manual. Retrieved from http://itaaworld.org/sites/default/files/itaapdfs/gov-admin-docs/12-5-14%20Revised%20Ethics_0.pdf

Kevel, N. (2016). Racist states of mind: Understanding the perversion of curiosity and concern. London, England: Karnac Books. Levine, M., Prosser, A., Evans, D., & Reicher, S. (2005). Identity and emergency intervention: How social group membership and inclusiveness of group boundaries shapes helping behavior. Personality and Social Psychology Bulletin, 31(4), 443-453.

Minikin, K., & Tudor, K. (2015). Gender psychopolitics: Men becoming, being and belonging. In R. G. Erskine (Ed.), *Transactional analysis in contemporary psychotherapy* (pp. 257-275). London, England: Karnac Books.

Schiff, J. L. (with Schiff, A. W., Mellor, K., Schiff, E., Schiff, S., Richman, D., Fishman, J., Wolz, L., Fishman, C., & Momb, D.). (1975). Cathexis reader: Transactional analysis treatment of psychosis. New York, NY: Harper & Row. Stuthridge J. (2016). Letter from the coeditor. Transactional Analysis Journal, 46, 83-86.

United Nations General Assembly. (1948). The universal declaration of human rights. Retrieved from http://www.un.org/en/universal-declaration-human-rights/index.html

Wilbur, K. (1996). A brief history of everything. Boston, MA: Shambhala Publications.

TA Conferences

7-9 July 2016: Geneva, Switzerland. EATA 40th Anniversary Congress. Contact: www.eatanews.org

2-4 September 2016:

Dhaka, Bangladesh.
South Asian Association of
Transactional Analysts
Conference. Contact:
www.askbd.org/ask/

24-27 November 2016:

Auckland, New Zealand. ANZTAA Conference. Contact: https://nztaa.org.nz/index.php? page=conference2016

27-29 July 2017:

Berlin, Germany. World TA Conference.

Keep Your Account Current!

Remember, you are responsible for renewing your membership and making sure your account information is current online. If your postal address is not current, you will not receive the *Transactional Analysis Journal*. If your email is old, you will not receive *The Script* teasers. If you do not have a Consent to Use of Electronic Transmissions on file, you will not be able to receive or respond to ballots and other ITAA communications electronically.

To renew your membership and/or check your account information:

- Go to the ITAA website at itaaworld.org, click on "Member Login" in the upper right corner of the homepage.
- If your information does not appear, enter your username and password and click on "Log In."
- Click on "Edit Your Profile" to check and update your postal address.
- Click on "Join or Renew Your Membership Online" to renew your membership (unless you are a student member, in which case you will find a link to an offline form).
- Click on "Update Username/ Password/E-Mail" to check and update your email.
- From the itaaworld.org homepage, click on the link under News and Announcements to complete a Consent to Use of Electronic Transmissions form.

If you have questions or need help, please contact Janet Chin at janet@itaaworld.org. §

Bill Cornell (left), with Sylvie Monin translating, being interviewed by journalist Patrick Morier-Genoud in Geneva on 28 April 2016

The Aotearoa New Zealand Transactional Analysis Association (ANZTAA) is holding its 2016 conference from 24-27 November at the St. Francis Retreat Centre in Mt. Roskill, Auckland, Aotearoa New Zealand. Registration is now open on the ANZTAA website, and the full conference schedule and accommodation information can be found there as well. The theme of the conference is "Rupture—Repair—Restore," and the deadline for submissions is 15 July 2016 (submission form online). The keynoters include Bob Kerridge, Susan St. John, Devon McLean, and Keith Tudor, and there will be a full schedule of other presentations. The number of participants is limited, so register early.

Bill Cornell was invited to the annual Geneva Press and Book Fair at PALEXPO (Geneva's exhibition and congress center) to be interviewed by journalist Patrick Morier-Genoud about Bill's book Une vie pour être soi [It Takes a Life to Be Yourself]. In the book, Bill writes candidly about his work as a psychotherapist and the complexity of his own responses, which form an important part of the therapy with his clients. Sylvie Monin, who was instrumental in arranging for the invitation, translated for Bill and Patrick, who had clearly read and understood the book well. In a touching way, Patrick drew from his own personal psychotherapy experience, and it was obvious that his pertinent and poignant questions had a significant impact on Bill and the audience. In his responses, it was fascinating to hear Bill talk to the diverse audience quite personally about how his own background had shaped his choice of career as a psychotherapist and how his clients continue to shape his development. Bill used the example of how his three sons had each needed him to be a different kind of father and how relevant this type of responsiveness to the other is in his work with clients. The interview involved questions/answers from the public and was followed by a book signing.



Gloria Noriega and participants during a 4-day redecision workshop held 15-18 October 2015 in the magic town of Tepoztlán, in the state of Morelos, an hour's drive from Mexico City (from the left, front row): Antonio Contreras, Tila Pérez, Carlos Dalmau, Gloria Noriega, and Alejandra Freyre; (from the left, second row): Pamela Roel, Adriana Aldaraca, Clarissa Ruggieri, Valeria Ortigoza, Rubén Parra, Sofía Romero, Glenn Villarreal, Alexa Arnoff, Marinieves García, and Margarita Neria

10

JULY 2016

Links to EBMA Articles Now Available

We are delighted to announce that the online list of publications honored with the Eric Berne Award has

been updated to include links to the articles that are available in the *TAJ* archive through SAGE Publications.

These articles can be

downloaded from SAGE by any current ITAA member (others using the links may pay for access to the articles). And for those articles or books that are not online, we have provided a link to a relevant article from the archive.

The articles of Eric Berne Memorial Award winners are indispensable for

our development as TA practitioners, and having easy access to them through the list will allow students,

trainees, trainers, and others to simply click on a link to go directly to the article. They then log in with their username and password and can

read and download the entire article.

The list also now offers an explanation of the award and its history, and we are currently working with various TA associations to encourage them to post the button (which will link to the list) on their websites. If you are interested in joining this project, please contact the ITAA at

info@itaaworld.org.

To access the list, see the button reading "Eric Berne Memorial Award Winners" on the right side of the homepage of the ITAA website. It will take you to the list, which is here. If you have any trouble with the links, it is likely related to the browser you are using. Just download the list to your computer and the links should work fine.

We hope you enjoy this added benefit of your ITAA membership!

Proposed Bylaw Amendments Ready for Member Comment

by Bill Holloway

The ITAA Board of Trustees has approved the draft proposal for amendments to the bylaws of the association. As required by the existing bylaws, prior to finalization, amendments must be published on the website to provide an opportunity for comment by voting members.

The current and amended bylaws can be found on the ITAA website at www.itaaworld.org. From the homepage, click on "About the ITAA," then "Governance Documents," then either the current or the amended bylaws. You can also reach the existing bylaws by clicking here and the amended bylaws by clicking here.

The need for amendment has been evident for an extended period.

continued on page 12

EXAM CALENDAR

Eric Berne Memorial

Award Winners

Exam Date	Exam	Cert. Body	Location	Application Deadline
31 Aug-1 Sept 2016 10-11 Nov 2016 10-11 Nov 2016 24 Nov 2016	. CTA	.BOC	. Geneva, Switzerland	. 31 May 2016 + . * . *
31 Aug-1 Sep 2016 10-11 Nov 2016 10-11 Nov 2016	. TSTA . TSTA . TSTA	. IBOC	. Geneva, Switzerland	. 1 Mar 2016 + . 10 May 2016 . 10 May 2016
			. Geneva, Switzerland . TBA	

*For CTA and TEW deadlines see the EATA Handbook or contact the EATA Supervising Examiner.

+ The IBOC exams in Dhaka will be limited to 2 TSTA and 4-6 CTA candidates. Please apply early if you are interested in being examined there.

For more information about IBOC exams, see www.itaaworld.org. For further information on COC exams, see www.eatanews.org/examinations/.

11

JULY 2016

THE SCRIPT

If you are missing an issue of the TAJ, please be aware that SAGE Publications will honor requests for back copies only for 6 months after the date of that journal. If you do not receive your copy, please check to make sure your address is correct in the ITAA database. If it is and your membership is current, you can contact Janet Chin at janet@itaaworld.org within 6 months and she will request that another copy



be sent to you. After 6 months, you can still obtain a copy by purchasing it from SAGE by contacting Shelly Monroe at shelly.monroe@sagepub.com or, if you are in India, you can order through the India office at journalsubs@sagepub.in . When seeking missing Journals, indicate which ones plus your email address and phone number.

Important Information and Reminders for Members . . .

- The Dhaka exams will be from 31 August to 1 September 2016 rather than just on 1 September. Remember that these exams will be limited to 2 TSTA and 4-6 CTA candidates. Please apply early if you are interested in being examined there.
- Please check your entry in our database to ensure your address is correct. Log on to itaaworld.org to access your account. We will be mailing out the next TAJ to those entitled to receive a hard copy, and the correct address is critical to you receiving it.
- Please add admin@itaaworld.org to your address book so that ITAA emails to you do not end up in your spam or junk folder and you miss out on important messages.
- When paying your ITAA membership dues, please click on the "ITAA Membership Join or Renew" link and not the "Donate" button. Click on the "Donate" button only for making a donation to the Eric Berne Fund, the Scholarship Fund, or the TAlent fund. If you have any questions, contact Ken Fogleman at ken@itaa-net.org.
- If you have forgotten your password to itaaworld.org go to Member Login and click on the "Reset/Forgot Password" tab. Once you get your new password, you can reset it to something you will remember.
- If you have received a TA certificate from a group other than the IBOC in the last few years, please email a copy of it to iboc@itaaworld.org. We would like to be sure our files are up to date.

Amendments

from page 11

There are three types of defects in the existing bylaws: (1) incongruencies with the Articles of Incorporation, (2) internal conflict between articles of the bylaws, and (3) the need to conform the bylaws to California laws pertaining to nonprofit public benefit corporations.

Readers will discover a considerable amount of language common to legal documents, which the bylaws are.

As required, all existing rights and obligations of voting members have been retained.

It is anticipated that the amendments will be approved at the meeting of the board in Dhaka,
Bangladesh, on 30-31 August 2016.
Comments must be submitted no later than 19 August 2016 by email to ITAAbylaws@outlook.com.

Welcome to New Members

MARCH 2016

Bruno Bacconnier, France Fiona Coates, UK Monika Cox, Netherlands Beatrijs Dijkman, Netherlands Julia Griffin-Terner, USA Hayley Jackson, UK Laura Laube, UK Krishnan M, India Vera Ourique, Brazil Jelena Popovic, Serbia Antonino Raneri, Italy Deepti Singhal, India Chris Smith, UK Dave Smith, UK Geta Trautmann, Romania Pia Umans, Netherlands

APRIL 2016

Angelien De Bruijn, Netherlands Karolina Ehretsmann, Kenya Brigitte Evrard, Belgium Angela Hawkins, UK Deborah Lloyd, Canada Vikram Mall, India Ines Paravan, Slovenia Mario Augusto Procacci, Italy Alfonso Rivera, New Zealand Gloria Rubin, Paraguay Jane Valentine, New Zealand Natalia Zhukova, UK

MAY 2016

Jean-Felix Callens, UK
Betty Chen, Japan
Esther Faber, Netherlands
Chris Horton, UK
Adelheid Kühn, Germany
Jan Lewis, UK
Pauline Louette, New Zealand
Stephen McVey, New Zealand
Anja Mihevc, Slovenia
Stan Razvan, Romania
Julie Sturgess, UK
Ganga Uthappa, India
Marieke van den Berg-de Groot,
Netherlands
Tina Wrede, Netherlands

12

JULY 2016

THE SCRIPT