

BOARD NOTES

The New Show on the Road

by Steff Oates and C. Suriyaprakash



VOL. 41 NO. 1 JANUARY 2011

The New Show on the Road
1

Call for Board Nominations
3

Training Therapists or Training Trainers?

Transactional Analysts for Social Responsibility
5

Using Crisis as an Elevator
6

Creation of a New Mexican
Alliance for TA
8

Montreal and Beyond 10

s we prepare for the shifting of the seasons across the globe, the ITAA Board of Trustees (BOT) members are also making important, necessary, and inevitable changes, some exciting and some carrying both an appreciation of what has been and some sadness at what now needs to change.

Along with change comes inevitable loss and uncertainty, yet in our opinion the BOT is operating with a necessary and genuine vitality to meet these changes while remaining reflective with regard to our own and others' emotional responses.

So, one might ask, "How many transactional analysts does it take to change a script?" Well, in this case about a dozen. With the guidance, expertise, and untiring efforts of the staff—especially Script and TAJ Managing Editor Robin Fryer—and with the backing of the current BOT, as 2011 begins, the familiar face of the ITAA has changed. We have moved on from our old-style, beloved, but outmoded tabloid newsletter and, as Eric Berne might have said, put a new show on the road. Here is The Script for the first time in its fully digital format, easily printable for those who prefer it that way, instantly distributed electronically, and full of color. This new-look Script is a precursor to the new-found

enthusiasm and energy that the ITAA of the next decade is going to bring to the international community of transactional analysis enthusiasts. Let us know what you think.

And there is more. By the time you read this, the new ITAA website will also be functional. It not only has a new address (www.itaaworld.com) and look, but it goes a long way to automating many of our back-end functions, such as financial transactions and maintaining the database. An all-new feature will be a member login space where members will have exclusive access to some valuable resources. More features to follow are LinkedIn and Facebook profiles for the ITAA and interest-based discussion groups. With the growing number of





"Along with change comes inevitable loss and uncertainty, yet in our opinion the BOT is operating with a necessary and genuine vitality to meet these changes while remaining reflective with regard to our own and others' emotional responses."

our members resorting to the Internet as a source of information, commerce, and social networking, our new website will cater to these evolving needs. This is also in sync with our motto to be a worldwide network. In this Knowledge Age, what better way to network than through the Internet!

With the new vision for the ITAA of being the "worldwide professional network for the development of transactional analysis theory and practice," we have embarked on an ambitious path to keep the ITAA relevant and attractive to young professionals. In the months to come, the BOT will present the membership with proposals to restructure the ITAA to suit the functions and core services we have identified to serve our membership.

We believe a smaller and more efficient BOT, with its members having functional autonomy and accountability, will serve us better. Similarly,

#SCRIPT

Newsletter of the International Transactional Analysis Association

2186 Rheem Dr., #B-1

Pleasanton, CA 94588-2775, USA **Phone:** 925-600-8110; Fax: 925-600-8112

Email: itaa@itaa-net.org Website: www.itaa-net.org

Editor: Laurie Hawkes, MA Managing Editor: Robin Fryer, MSW Desktop Publishing: lockwood design

Deadlines—first of the month prior to the month of publication (e.g., 1 February for the March issue).

Advertising: Eighth page: \$100, quarter page: \$200, half page: \$300, full page: \$400. Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly by the International Transactional Analysis Association. For information on membership, contact the ITAA office at the above address. © 2011 International Transactional Analysis Association, Inc.

the membership structure could also be simplified and expanded to make it attractive to a wider audience. Many details need to be worked out in the coming months leading up to our meetings in Bilbao. We will solicit your valuable input for a new structure of the BOT and membership.

After considering the key officer positions as described in the current bylaws, the BOT recently decided to remove the post of vice president of Internet and to include the functions of this post in that of the vice president of development. With our strategic decision not to take on any more product-based projects, and the increasing focus on the Internet as the means to develop the professional awareness and networking of transactional analysis, it is only natural that the role of the vice president of development will henceforth be central to exploring and exploiting the opportunities the Internet offers.

Please make your feelings clear to the BOT by voting on the ballot recently sent to you and described in the December issue of The Script. Electronic voting saves the ITAA a great deal of money, so please help us take advantage of this option. To participate in electronic voting, you must have a signed consent to electronic transmissions on file with the ITAA. The form was published in the December 2010 Script, is available on our website at itaa-net.org, or can be obtained from the ITAA office. Please fill one out and return it as soon as possible.

We are pleased to report that agreement has been reached between the BOT and Ken Fogleman whereby the office will be closed in June 2011. This will enable us to operate with efficiency and within our budget. Ken has been offered and has

Steff Oates is ITAA Secretary and can be reached at steff@xxist.com.

C. Suriyaprakash is ITAA Vice
President of Research and Innovation
and can be reached at suriya.
sunshine@gmail.com.

agreed to an appropriate severance package in appreciation for his decades of service. We thank him for all he has done for the association over so many years.

Following the BOT decision supporting the idea of one worldwide transactional analysis accreditation body, which was clearly a desire of the membership as shown in the feedback from the World Café experience in Montreal, the Training & Certification Council has taken the initiative to begin conversations with the European Association for Transactional Analysis. Acting ITAA President John Heath has written to all TA training organizations making it clear that the ITAA is advocating for a worldwide TA accrediting body.

So, as you can see, we as a board have been busy since Montreal. The feedback from the World Café has been invaluable in determining the way forward. We now have a clear mandate from you, the membership, and that is how we want to continue. Please keep us posted by email to any BOT member with how the changes impact you and share your ideas with us for how we can maintain the vibrancy in our worldwide professional network.

ITAA website: www.itaa-net.org

Officers (nominations allowed from any region and elected at large by all ITAA voting members)

- Vice President Development (2012-2014)
- Secretary (2012-2014)

Regional Trustees (nomination and election only by members of the region)

- Australasia (2012-2014)
- Asia/India (2012-2014)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the

board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office or in the Guidelines (part of the official documentation) on the ITAA website at www.itaa-net. org. Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to ITAA Secretary Steff Oates at steff@xxist.com .

Those who accept nomination to the above positions must email a written statement and digital photo to the secretary as soon as possible and no later than the 31 May deadline. Statements should be a maximum of 250 words.

Election Procedures: As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. Unopposed candidates will take up their positions following the annual

general meeting (AGM) in July 2011. If there is more than one nominee for a position, a ballot will be sent to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter. The winning candidate(s) will take up his or her (their) position(s) on 1 January 2012.

A New Beginning

With this issue of The Script, we are pleased to introduce the new format for the digital newsletter. The new size and shape will be easier to read online and print out if you wish, and the new design reflects the energy and creativity that you can find in so many areas of the ITAA these days. We hope you like what you see and read and welcome your comments! And if you still want to receive a hard copy (in black and white) by mail, you can sign up for that option for an additional \$30 when you renew your dues. If your renewal does not come until after 1 January and you want a hard copy, please email itaa.admin@itaa-net.org right away.

Upcoming TAJ Theme Issue

"Learning from Our Mistakes"

Guest Editor: Charlotte Sills
Deadline for Manuscripts: Extended to 1 July 2011

Please follow the instructions to authors on the inside front cover of any recent issue of the *TAJ* and email manuscripts to *TAJ* Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

Training Therapists or Training Trainers?

by Laurie Hawkes

am proud to announce that I, and several European colleagues, are new CTA Trainers (trainers of Certified Transactional Analysts in all fields) as a result of completing the Training Evaluation Workshop (TEvW) held in Barcelona, Spain, in December 2010. Only the second one ever held, the workshop is an interesting innovation, carefully crafted by Professional Training Standards Committee chairwoman Sabine Klingenberg (now EATA's president) to distinguish between training CTAs and training trainers.

Rather than an exam, as we have for Teaching and Supervising Transactional Analysts (TSTAs), the TEvW is organized a bit like a Training Endorsement Workshop (TEW), with a 3-day format that includes time for teaching, supervising, analysis of our curriculum, and discussions about ethics and our knowledge of and participation in TA organizations and institutions. But in the TEvW, participants are experienced trainers with at least 6 years with a PTSTA contract and the same requirements for hours of professional experience as are needed to take the TSTA exam. In addition, prior to the workshop, each participant writes a training report outline,

which is somewhat akin to the CTA written exam because it involves reflecting on one's experience.

So, the TEVW has some aspects of an exam (requirements and being evaluated) and others that are not, including the fact that participants are not passed or deferred but rather receive recommendations for further training that the PTSTA and his or her principal TSTA supervisor are to report on. In addition, instead of being a lone candidate with a board, one is constantly in the whole group or a subgroup.

Even though the TEvW is not an exam, that does not mean that it is easy! We worked long hours (the staff worked even more—kudos to them!), so we were "showing" ourselves nonstop for 3 days. Also, for many of us, it is more stressful to perform in front of a group than a four-person exam board. Fortunately, the group is designed to be supportive, as is the evaluating staff, so you are with colleagues in a similar situation.

Other aspects are easier. Each participant has to teach only one segment, instead of two, and to perform only one supervision (naturally, at



"The workshop is an interesting innovation, carefully crafted to distinguish between training CTAs and training trainers."

the CTA level of supervision, not the PTSTA level). Discussing one's knowledge of and participation in TA organizations or one's experience accompanying trainees toward certification is done in the whole group. This offers several advantages: Others mention things you might not have had in mind, so you can build on what they say; you can contrast your own experience with that of others, not in a "better" way, but to show differences that contribute to our complementarity as a network; and since the workshop has a developmental aim, hearing others can inspire ideas and give you the feeling, "I could do that, too!"

The bonds between participants in the TEvW can grow quite strong. Granted, people who take their TA exams at the same venue often feel a sense of partnership, but imagine sharing 3 days of thinking, listening, discussing, and building together. That fosters a real sense of commu-

nity and strong ties. I already miss my TEvW family! We were a small group of eight aspiring CTA trainers from four countries along with four interpreters and our excellent staff of Sabine Klingenberg, Maria Teresa Tosi, Stefan Sandström, and Matthias Sell.

It was definitely less stressful not having the pass/defer dichotomy. After fulfilling the TEvW staff recommendations, a participant achieves the status of CTA trainer (this designation is still under discussion, as is the format of the TEvW). And since most of us in TA continue to receive supervision anyway, fulfilling the recommendations just means waiting a bit for the title and having those supervision hours compulsory versus optional.

The most amazing thing to me is how much I gained, even though I went to the workshop knowing it would be developmental. I gained a sense of increased professional confidence and many ideas about other ways of doing training that will expand what I have to offer.

Overall, the TEvW seems like a brilliant innovation to me, and I hope it will inspire a number of PTSTAs who want to train CTAs to choose this path. It does away with a discount (equating training supervisors with training CTAs), and it is an opportunity to learn rather than just be examined. A very rich experience, indeed! §

Laurie Hawkes is editor of The Script and can be reached at hlaurie@ noos.fr . More information on the TEvW can be obtained from the EATA website at www.eatanews.org (in the "Examinations" area).



Participants from the December 2010 TEvW in Barcelona (from left, standing): Emilio Riccioli (Italy), Ulrike Sell (Germany), Rita Inglese (Italy), Margot Ruprecht (Switzerland), Klaus Sejkora (Germany, interpreter), Stefan Sandström (Sweden, staff), Rainer Thiele-Fölsch (Germany), Monika Hunziker-Hansen (Germany), Resi Tosi (Italy, staff), Sylvia Lühmann (Germany, interpreter), Dina Labbrozzi (Italy, interpreter), and Matthias Sell (Germany, staff and process coordinator). (From left at bottom): Laurie Hawkes (France), Iolanda Angelucci (Italy), and Sabine Klingenberg (Germany, staff)

Update on Transactional Analysts for Social Responsibility

As many of you know, the Transactional Analysts for Social Responsibility (TAFSR) was founded at the Berne centenary conference in Montreal last summer by a vote of the general membership. At the conference, many individuals from seven regions of the world expressed an interest in supporting socially responsible applications of TA.

Since that time, a mission statement has been drawn up and an attempt was made to create a steering committee. We had to realize that there are just too few of us and decided to keep TAFSR an informal email network with the hope of establishing a website someday. Leonard Campos has submitted a panel proposal for the Bilbao World TA conference in July 2011 composed of at least three panelists from diverse regions of the world who are interested in social/ cultural applications of TA.

If you are interested in joining what is now an informal email network,

contact Leonard P. Campos at lcampos@ulink.net.

The TAFSR mission statement is as follows: We are a worldwide network of transactional analysts who support the development of socially responsible applications of transactional analysis. Our common goal is to apply the principles and tools of transactional analysis to foster positive social change in all cultures. For this purpose we use our effective leadership to respond publicly and constructively to address issues of socially unjust behavior in our communities. This includes such issues as personal and institutional prejudice and harmful intergroup conflicts that interfere with peaceful relationships. To achieve our goal of positive social change, we encourage transactional analysts to become actively involved in using their intervention skills and expertise to work cooperatively with community leaders in government, education, business organizations, and religious institutions.

Using Crisis as an Elevator: Learning Autonomy in a Time of War

By Marina Banic

t was the beginning of the 1990s, a time of a social nightmare in the region of the former Yugoslavia: war, economic crisis, dramatic stories of refugees all day and night on TV, and the constant threat that the crisis would become even worse. Many people here believed that the rest of the world was against them and that there was no light at the end of the tunnel.

I had quit my job and started a private practice working with clients and groups based on transactional analysis.

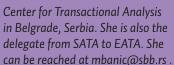
Berne's books were, for me, the inspiration to think positively, to trust that the tragic destiny that seemed like a dark cloud over my country could be changed, that people could act in functional ways, take responsibility for their actions, and learn how to get out of the game—even the most dramatic one, called "The WAR," or "They are against us, let's fight against them."

We would like to hear how Eric Berne "spoke" to you. Please send your contributions to column editor Pam Levin at perfectbones@pacific.net .

Daily existence during that time was extremely difficult: no electricity, no gas, even no bread sometimes. And still people came to the transactional analysis groups. They wanted to learn how to choose differently rather than to believe that their friends, neighbors, and relatives were their "enemies now," which is what the political establishment wanted them to believe.

The people in the groups were those who had left destroyed towns, left guns and battlefields, who would not accept killing friends from yesterday, who had lost family members, who were abused, had protested against the regime, who were confused or depressed. Day by day we analyzed possible options together, looking for ways to contribute so that we could overcome together such a huge social mess. These survivors bought translated books by Berne—Games People Play, What Do You Say After You Say Hello? Sex in Human Loving—and we began studying the way toward autonomy. At that time, the price of one book was equal to a month's salary, but despite that, the number of TA groups increased, as did the number of people in them.

In 2000 we established the Serbian Association for Transactional AnalyMarina Banic is a Teaching and Supervising Transactional Analyst (psychotherapy) and director of the International



sis (SATA), and after a month it was affiliated with the European Association for Transactional Analysis (EATA). People in SATA have redecided, inspired by Berne's ideas, that we will use the crisis as an elevator, choosing the path of personal development through difficulties instead of being victims or persecutors. We would get in touch with colleagues that practice transactional analysis in the region

"Berne's books were, for me, the inspiration to think positively, to trust that the tragic destiny that seemed like a dark cloud over my country could be changed, that people could act in functional ways, take responsibility for their actions, and learn how to get out of the game of war."

and together spread the spirit of TA—the idea that cooperation and collaboration are possible!

And we did it together. With the help of EATA Council members and the European connection committee (ECC), SATA created a project we call the "summer schools of EATA." These are designed to allow EATA members from countries that have few or no trainers to access training in different fields of TA. The first one was held in Belgrade in 2005, and each year it has been in another Balkan country. Up to 100 participants have had the opportunity to learn about various TA schools, approaches, methods, and applications. The summer schools also provide an opportunity for people in the Balkans to meet and share professional experiences. Members of local associations accepted the invitation to participate in these events with joy and gratitude.

The Bosnian (BIHOTA), Croatian (UTA), Macedonian (MATA), Montenegrin (MONTA), Serbian (SATA), and Slovenian (SLOVENTA) TA associations got together again to organize several meetings in Belgrade, Zagreb, Zenica, Przno, Ljubljana, and Skopje. The Yugoslav Association for Transactional Analysis (YUTA) stopped its activities when the war started, but SATA, BIHOTA, MONTA, MATA, and UTA have decided to maintain their contacts and mutual activities. Their members had no doubts that

they were and are friends and that they can contribute to finding ways that support collaboration instead of conflict. They believe that after someone says "Hello" to you, you can answer, "I am your friend! Peace starts with me. And with you. So, let's talk."

From the time I entered the transactional analysis world until now, I did not lose the trust that one can change even a tragic destiny, even in the most difficult circumstances. What is important is to have one benevolent model who says and encourages, "You have the choice." For many of us in the Balkans, it was Berne . . . and it was transactional analysis. §

TA Conferences Worldwide

5-12 January 2011: Frenchman's Cove, Port Antonio, Jamaica. Fifteenth USATAA Winter Gathering. Contact: Dianne Maki, coordinator@usataa.org; phone: 908-234-1873.

7-9 July 2011: Bilbao, Spain. Major International TA Conference sponsored by EATA/ITAA/WPATA. Contact: Amaia Mauriz Etxabe at bios@bios-psicologos.com.

27-29 October 2011: San Antonio, Texas, USA. USATAA Conference. Contact: www.usataaconference.org.

2-5 November 2011: Merida, Yucatan, Mexico. Latinoamerican TA Conference/30th Conglat Mexico 2011. Contact: Martha Silva, Conference Logistics (marthaisilva@yahoo.com.mx); José M. Tafoya, Chairperson (email:iaoptimo@gmail.com); website: www.amatsc.org.mx .

Marina Banic,

Teaching and Supervising Transactional Analyst, ran a TA 101 course in Podgorica, Montenegro, 11-12 December 2010. She writes, "It was an extraordinarily inspiring group of young practi-

Participants from Podgorica, Montenetro, TA 101 (from left):
Ana Calov, Sanja Adamovic, Adrijana Barovic, Marija Babic,
Danijela Razic, Zeljka Kovacevic, Mehmed Djecevic, Marina
Banic (TSTA trainer and supervisor), Tatjana Nikcevic, Ida
Kolinovic, Marija Vujovic, Zana Djurovic, and Miroslav Minic

tioners, psychologists, and

social workers. There was one psychologist who had worked for 20 years in California and who decided to move to her country of origin to support her family and relatives. She made a beautiful comment at the end of the course when she said, "When I came to Montenegro, I felt a bit lost. Now, in this TA group, my heart feels again like I am at home." All of the participants decided to continue their advanced training and to obtain their Certified Transactional Analyst (CTA) certificates. §

Creation of a New Mexican Alliance for Transactional Analysis

By José M. Tafoya

he transactional analysis movement in Mexico began in 1974 with the participation and teachings of a group of Argentinian transactional analysts led Dr. Roberto Kertész. From then on, there were two major associations in Mexico: the National Society of Psychology and Experimental and Clinical Hypnosis (SNPHCE), directed by the psychologist Agustín Servín de la Mora, and the National College of Psychosomatic Medicine (CONAMEP), led by Dr. Ervey González Urroz. These organizations became responsible for the dissemination and training of members in our country. Later, they joined with others societies and prominent transactional analysts to organize 13 national and three international TA conferences under the umbrella of Mexico y Analisis Transaccional (MEXAT). During these years and into the mid-1980s, conferences attracted as many as 500 attendees, and there were about 200 members in various fields of application. The last Mexican Conference was held in 1994 with about 100 participants.

After that, MEXAT (SNPHCE and CONAMEP) did not organize more conferences, and gradually the TA

movement in Mexico faded. By 2009 there was no national association, few young people here were aware of transactional analysis, and there was not much TA presence in universities or organizations and little awareness of it among the public. TA was viewed as something that had been popular in the 1980s. At the same time, opportunistic instructors with little or no training or ethics disseminated TA ideas in ways that gave it a negative or distorted image.

At the 2009 International TA Conference in Peru, there were only six Mexicans. At that meeting, then ALAT President Antonio Pedreira approached me about organizing the 2011 Latin American TA Congress in Mexico. I was enthusiastic, but I knew I would need the support of others. I first talked to my wife, Dra. Tere Romero, who is a clinical transactional analyst and former president of SNPHCE and MEXAT. She expressed her full support, and the next day, as the news spread, other colleagues indicated their interest and support.

On my return to Mexico, I emailed several colleagues to explore their



"The entire group committed itself to two processes: organizing the conference and creating a Mexican transactional analysis association."

interest and potential involvement and received a good response. I next convened a small meeting with three colleagues: Yolanda Sol, Martha Silva, and Isabel Martínez. We decided to expand the group by inviting other people, including Dr. Octavio Rivas, Lic. Victor Maldonado, and Dr. Alejandro Mendoza. In our discussions, we focused on what had made past conferences successful and realized that what had kept MEXAT alive for many years had been values such as integrity, commitment, service, enthusiasm, and the dedication of a group of talented analysts. On the other hand, a main factor affecting Mexican associations and the movement itself was the lack of congruency and honesty in some of the leaders as well as the struggle

Our objective was to involve key people in Mexico to work out the

for power.

organization of the XXX CONGLAT MEXICO 2011 in a successful and satisfactory manner. On 7 November 2009 we launched our first meeting with the assistance of the following participants: Ma. Teresa Romero, Martha Silva, Isabel Martínez, Susana Cortés, Octavio

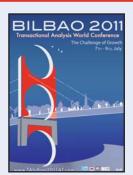
Rivas, Victor Maldonado, Alejandro Mendoza, and José Miguel Tafoya. We realized that: (1) we have many shared growth experiences related to TA, (2) TA has significantly marked our lives, and (3) there are among us sufficient talents, skills, and values and enough of a con-

structive, enthusiastic vision of the future to foster a resurgence of TA in Mexico. The entire group committed itself to two processes: organizing the conference and creating a Mexican transactional analysis association.

We have now met 14 times with exciting results. We have drafted a constitution for La Alianza Mexicana de Análisis Transaccional (AMAT) and are working with the following officers: Octavio Rivas, president; Tere Romero, vice president; José Tafoya, executive director; Víctor Rosado, treasurer; and Lucero Parada, secretary. We have a conference committee that is planning the 2011 Latin American Transactional Analysis Conference, to be held 2-5 November in Merida, Yucatan. We are also developing a transactional analysis certification program (organizational, educational, and other areas) consistent with ALAT standards (which differ from those of the Training and Certification Council); TA courses, workshops and conferences; a website for the dissemination of our activities (see www.amatsc.org.mx); a newsletter, journal, and books on TA; a code of ethics; and links with the global network of those interested in transactional analysis and related approaches.

As we move forward, it is important to involve more individuals, especially young people, and to excite them about this project and our plans. It is also vital to stay connected and to work together cooperatively toward a shared vision. And we hope many of you will join us for our conference next November! 6

José Tafoya can be reached by email at iaoptimo@avantel.net.



2011 WORLD TA CONFERENCE

Bilbao, Spain 7-9 July 2011

Training Endorsement Workshop: 2-4 July

Exams: 5-6 July

ITAA Board Meetings:

Mon. & Tues. 4-5 July and the morning of Sun. 10 July

Dear Colleagues,

It is a great pleasure to invite you to come to Bilbao—a small city in the Basque country of northern Spain—to celebrate together our 2011 Transactional Analysis World Conference. The conference will be held in the antique buildings of Deusto University, situated on the Nervion River across from the Guggenheim Museum.

At the TA Conference we are going to face and explore the universal experience of "The Challenge of Growth." The transactional analysis concepts of awareness, intimacy, spontaneity, and, obviously, autonomy are all about the challenge to grow at every developmental stage in our lives.

The entire organizational team joins me in encouraging you to come and share with us this opportunity for learning and thinking together. You will find a warm atmosphere and feel very welcomed in our city, Bilbao. Here you will enjoy our famous gastronomy, the picturesque old town, and perhaps even visiting our beaches and mountains.

It is an honor for us to tell you, "Ongi Etorri Bilbo ra!" which in the Basque language means "Bienvenidos a Bilbao!" or "You are very welcome to Bilbao!"

> -Amaia Mauriz-Etxabe, Chairperson, Bilbao 2011 World Conference of Transactional Analysis



Deusto University

Montreal and Beyond

by Anne de Graaf and Lorna Johnston

n Montreal we celebrated 50 years of transactional analysis certification. If we could look inside the head and heart of Eric Berne when he developed the ITAA and its training and certification system, we think we would find that he was motivated by the wish to have transactional analysis recognized as a professional qualification that would be respected for its high standards of competence. Today, to have an enduring system for the future, that process needs to be systematized in a way that will allow others to follow and sustain standards of practice. We believe that Berne constantly had the clients of transactional analysis professionals in mind and heart. In the end, it is all about them! They should profit from high-quality transactional analysis therapy, counseling, education, and/or

Lorna Johnston can be reached at l.johnston@ta-trainingand certification.net .

Anne de Graaf can be reached at a.degraaf@ta-trainingand certification.net .

Also see the T&CC website at ta-training and certification.net.

organizational consultancy so as to live better lives or deliver better performance. Quality and effective systems are the ways to create something enduring. We are fortunate in our transactional analysis community to have had so many people invest so much in creating and evolving our training and certification systems worldwide.



Anne de Graaf
holding Eric Berne's
Teaching Memeber
certificate during
the presentation of
new CTAs and
TSTAs during
the Montreal
Conference opening
ceremonies.

Outsourcing

In 1987 the ITAA Board of Trustees (BOT) separated the training and certification process from the ITAA. While there was not unanimous interpretation of California law at the time, the board nevertheless decided to embrace the idea that member organizations should not certify their own members. The ethical thinking behind this legal argument is easy to understand. If you want to protect the public, you do not allow "butchers to approve their own meat." To protect the public, external assessment is necessary. If the Certified Transactional Analyst and the Teaching and Supervising Transactional Analyst

certificates are statements about standards of performance (quality), which they most surely are, this separation of the assessor from the assessed is both appropriate and significant. Our clients need to be sure that any transactional analysis professional holding a TA certificate works from a quality standard. Outsourcing seemed a good idea!

Now

We realized when we took up roles in the Training and Certification Council (T&CC) that the decision to separate the T&CC from the ITAA was never fully grasped by either organization. We think the reasoning behind the decision is still valid today and have spent many hours

10

JANUARY 2011

THE SCRIPT

"If we could look inside the head and heart of Eric Berne when he developed the ITAA and its training and certification system, we think we would find that he was motivated by the wish to have transactional analysis recognized as a professional qualification that would be respected for its high standards of competence."

considering how to best move that decision into the twenty-first century. These conversations have, frankly, raised many questions, including how to think about our relationship with the ITAA and the BOT. There have been 23 years of inappropriate organizational symbiosis that was never addressed in the policies and procedures, accountability, and financial structures between the T&CC and the ITAA. Roles, tasks, and responsibilities all needed clarification.

As we see it now, we think that the relationship is one in which the T&CC is a service-providing (training standards and certification)

Successful Examinees

Freemantle, Australia, 11 *November* 2010

- Sue McMenamin, Wanganui, New Zealand (CTA-P)
- John Savage, Wellington, New Zealand (CTA-P)
- Andrew Jackson, Perth, Australia (WPATA contract)

Roesrath, Germany, 11 *November* 2010

■ Maja Stopariæ, Subotica, Serbia (CTA-P)

body. It mainly provides services to members of the ITAA but is open for other transactional analysis trainees and supervisors who are looking for a way to work with approved training standards and be examined for certification. This also is not new. We have had many contracts over the years with people from Europe, for example. So, the first three-cornered contract is between the ITAA, the T&CC, and TA trainers wherever they come from. The second is between the T&CC, TA trainers from around the globe, and their TA trainees. This will be a focus of continuing discussion: How can the needs of present and future transactional analysts and their clients best be served?

Output Control

In Montreal, several colleagues asked how the T&CC was going to recruit new council members. We were in the midst of our own thinking about that question then. For now, we think it would again create a risk of contaminating the process of setting standards and examining candidates if the ITAA had undue influence in that process or if there were elections. The new situation of having outsourced the important tasks of training and certification requires a change in our thinking about the T&CC and its roles, tasks, and responsibilities. We understand that it might create confusion when volunteers are not democratically elected to hold such an important role with regard to training and certification. We, however, believe that for the new circumstances, it may be more important to control output than to control input! In this way, the politics of who is where and who is influencing whom are separated from the issue of providing good service to those who wish to use it. Current T&CC staff is committed to delivering a service that meets the high expectations of everyone involved. We invite you to think about these important issues with us.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Exams	COC	. 14-15 Apr 2011 . 5-6 Jul 2011 . 10-11 Nov 2011	Daventry, UK Belgrade, Serbia Bilbao, Spain Louvain-la-Neuve, Be Neustadt, Weinstr., G	14 Jan 2011 5 Apr 2011 lg 10 Aug 2011
TSTA Exams	COC	. 5-6 Jul 2011	Daventry, UK Bilbao, Spain Louvain-la-Neuve, Be Neustadt/Weinstr., Ge	5 Apr 2011 lg10 Aug 2011
CTA Written	All Regions (Non-Europe)		Submit to Regional Ex Coordinator after pay \$50 fee to T&C Counc	ing
TEW			Poland Bilbao, Spain	

For more information on BOC exams, see www.ta-trainingandcertification.net or email admin@tatrainingandcertification.net . For more information on COC exams, see www.eatanews.org/ .

The 2011 Latin American Transactional Analysis Conference will take place from 2-5 November 2011 in Merida, Yucatan, Mexico. There will be preconference events and exams on 2 November. Keynote speakers will include Claude Steiner (USA), Francisco Del Casale (Italy), Sari van Poelje (Netherlands), Antonio Pedreira (Brazil), Octavio Rivas Solís (Mexico), and Gloria Noriega Gayol (Mexico). Conference chair José Tafoya writes, "The beautiful white city of Merida, situated on southern Mexico, epicenter of the Mayan civilization, is surrounded by astounding archeological sites, old colonial buildings and haciendas, and natural beauties such as the sacred cenotes. In this congress we will delve into the theme, "The Awakening of Consciousness with TA." We will ask ourselves about our roles as

tion of a better tomorrow and a better world as well as how can we work to have healthier organizations and more responsible, autonomous, happier, and positive individuals." For details about the conference, see www.amatsc.org.mx.

Jenni Hine,

Teaching and Supervising Transactional Analyst (counseling), was honored in November by the



Cambridge Who's Who for Excellence in Clinical Psychotherapy. Jenni, who has more than 25 years of experience in clinical work, was recognized for demonstrating dedication, leadership, and excellence in psychotherapy. In their announcement, Cambridge wrote, "In 1992, she founded the Centre A.T. Geneva, a training center that provides trans-

actional analysis training programs for education, occupational, and counseling professionals worldwide. She became involved in her profession because she had a profound interest in people problems. Since then, a genuine love for helping others has fueled her schedule, keeping her busy and steeped in the profession. Now in retirement, Ms. Hine maintains a strong interest in the profession and has recently been awarded the Muriel James Living Principles prize for her contributions. Ms. Hine is a certified clinical psychotherapist, a certified occupational therapist, and a certified clinical transactional analyst. She is a member of the European Association for Psychotherapy and the International Transactional Analysis Association." Congratulations, Jenni! Great way to get transactional analysis acknowledged and noticed in a broader professional context.

Every year around mid-September, the Paris school of transactional analysis (psychotherapy field) has a 3-day residential workshop in Saint-Prix, a lovely little town just north of Paris. There are usually around 30 people attending, and it serves as a "passage" between the foundation year on basic TA concepts and the beginning of training

transactional analysts in the crea-



in the clinical field. As shown in this photo, most of the students are between 30 and 50 years of age, many of them in the process of changing careers after deciding they want to carry out an old dream to become a therapist. For those whose original training was not in psychology, that means undertaking a long learning process, which not all see through to the end. Nevertheless, they almost all find the journey worthwhile!