

# Professional Standards Committee

# NEWSLETTER

## February 2022 Update

Dear Members,

We wish to inform you of the most recent updates to the *IBOC Certification & Examinations Handbook*. Some of the updates are to create more clarity on aspects that have seemed ambiguous or contradictory across sections. Others are informed by our thinking about what supports training and certification in the 21st century world in which we live. We have already shared some of our thinking with you over the last few months in *The Script*. We draw your attention to the following points:

### SECTION 1 - Introduction

- The added Preface makes more explicit the values, principles, and intentions that support the responses to working in a world that is seen and experienced in terms of diversity, ecological awareness, inclusion, and social justice.
- 1.4 – Only a PTSTA or TSTA can hold a CTA contract (not a TTA or STA).

### SECTION 2 - Status of Training

- 2.1 – At present, through TAWCS there is mutual recognition between ITAA's IBOC and EATA's COC. With the change to online examination, the two bodies are discussing how mutual recognition will be in the future.

### SECTION 4 - TA 101

- 4.1 – Take note of the expanded description of the purpose of the TA 101 and various ways of presenting the TA 101.

### SECTION 6 - Training Contracts

- 6.8.3 – 30% of the contractual training and supervision hours must be with a PTSTA or TSTA holding a specialization in the same field as the candidate's chosen specialization. (This is cross referenced in 7.2.2.)
- Expansions and Exceptions: PSC has been reflecting on the exception and expansion procedures since they do not seem to fit so well with our current TA world of online training and supervision possibilities. We will therefore establish a moratorium on any new incoming requests for expansions or exceptions received after 30 April 2022 and will then clarify which changes will be introduced by 1 September 2022. Of course, we will continue to progress any requests that are currently in the system.

### SECTION 7 - Overview of CTA exam

- 7.2.3.3 – The client contact hours can include both the explicit and implicit use of TA.
- 7.2.3.3 – Recordings in the Psychotherapy and Counseling fields should have at least one (1) recording of work with an individual. Candidates in the Organizational and Educational fields may have all three (3) recordings of working in a group setting. (This is cross referenced in 9.3.3.)

- 7.2.3.5 – The supervision hour has been clarified as follows: A trainee can count any hour where they actively present work. In a group, each trainee can count all the hours of supervision as long as they have actively presented their work. The total number of hours logged cannot exceed the actual hours spent in the supervision group.
- 7.3.2 – Clarification and consistency of the CTA timeline:
  - 18 months before chosen oral exam date - begin to write the written exam
  - 12 months before - CTA contract needs to be filed and endorsed by IBOC
  - 12 months before - candidate informs regional exam coordinator of their intention to submit their written exam
  - 6 months before - candidate pays to IBOC written exam fee and sends the written exam
  - 3 months before - candidate registers for oral exam
  - 2 months before - candidate sent “Acknowledgement of Documents Received Checklist”

### SECTION 8 - CTA Written Examination

- 8.4 - Under Evaluation and prognosis in each field, note the extra question: “How do you evaluate the changes due to your intervention?”
- 8.4 - In the Organizational field, note the four extra questions in the Theory Section D (this is in alignment with the EATA handbook).

### SECTION 10 - Training Endorsement Workshop

- Note the new Preface outlining the nature and purposes of the TEW and the role of the TSTA.
- 10.6.5 – TEWs will be advertised 12 months before the date of each TEW to enable applications to be in 8 months before the date of each TEW.
- 10.12 TPO – Note the change: “Provide an overview of the curriculum and subjects you think should be taught in a complete training program leading to trainees becoming transactional analysts.”
- 10.12 Sect. C: Curriculum and teaching – Note the addition to include thinking about your cultural and social context and the role of TA training within this.

### SECTION 11 - TSTA Examination

- 11.2.2 – For a TTA exam, the number of Teaching hours needed has changed from 300 to 400.
- 11.2.3 – For a STA exam, the number of Supervision hours needed has changed from 500 to 400.
- 11.2.4 – For the TSTA exam, the combination of Teaching and Supervision hours that need to be logged is 800, at least 300 hours of which must be Teaching and 300 hours of which must be Supervision. The remaining 200 hours may be spread across Teaching and Supervision.
- 11.2.2 – Teaching hours that need to be supervised have changed from 50 to 45.
- 11.2.3 – Supervision hours that need to be supervised remain at 45.

The thinking is to account equally for the ongoing development of the teaching and supervision experience of a PTSTA, as well as offer flexibility for PTSTAs training in different contexts and different fields.

**Karen Pratt & Giles Barrow**  
**PSC Co-chairs**